

MALAYSIAN MRCOG PARALLEL PATHWAY TRAINING PROGRAMME



2ND EDITION (2019) Bahagian Perkembangan Perubatan Kementerian Kesihatan Malaysia (KKM)

/	
	Name of trainee (IN CAPITALS):
	Dates of commencement and end of training:
	/(date/month/year)/(date/month/year).
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TRAINING DETAILS

Names of supervisor(s), hospital(s) and training period:

PERIOD OF TRAINING (EXACT DATES)	HOSPITAL	SUPERVISOR

2 nd Edition of Malaysian MRCOG Parallel Training Pathway Trainee's Lo	gbook
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PREFACE

First and foremost, I would like to extend you a warm welcome to the O&G Fraternity in Malaysia. As you embark on the Malaysian RCOG Parallel Training pathway, we hope to support you in your ambition, to join the burgeoning numbers of Malaysians, who have successfully been inducted as Members and Fellows of the RCOG.

The RCOG receives universal recognition for its high standards in terms of education, training and examination programme for its trainee doctors. Members of the RCOG are well regarded as consistently capable of meting out good quality healthcare. Naturally, the continued participation of Malaysians in the RCOG is encouraged, to contribute to improving the quality of healthcare provision for women in Malaysia.

Yet, in lieu of the significant differences in culture and clinical setting, many Malaysian trainees have found passing the MRCOG examinations to be extremely challenging. This RCOG Trainee Logbook (for Malaysians) closely reflects the 2016 RCOG logbook for UK trainees, clearly illustrating the syllabus requirements of the new format MRCOG part 2 and part 3 examinations. We hope this logbook will enable trainees to better understand the scope of the RCOG membership examinations and the nuances of practising O&G in the UK.

I would also like to encourage trainees to participate in clinical research, and to endeavour to publish or present papers at scientific conferences, to keep yourselves intellectually stimulated and to keep abreast of the latest developments in the field of O&G. Partaking in regular departmental audits is also crucial, to develop skills in critical analysis and appraisal that will stand you in good stead for the MRCOG examinations, as well as in your personal professional development.

Communication and interpersonal skills are increasingly recognized to be essential skillsets of a competent clinician. Hence, along with the other core skills - clinical knowledge, clinical acumen and surgical skills, the acquisition of soft skills will be closely monitored and explicitly reflected in your training logbook.

I hope trainees will fully utilize this very comprehensive logbook, to keep track of individual milestones and progress in training. With the completion of the modules in the training logbook, trainees should be fully prepared for the RCOG Membership examinations.

The field of O&G can be stressful and is fraught with challenges. Yet, a sound training program

will prepare you well to face the challenges that lie ahea	
training and hope that your medical career will be a most ful	Ifilling and rewarding one!
Sincerely,	
Dr J. Ravichandran Jeganathan	
National Head of O&G Services	
Malaysia	
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INTRODUCTION

(I) MALAYSIAN MRCOG PARALLEL TRAINING PROGRAMME

- 1. Any doctor who has received full registration from the Malaysian Medical Council, and is interested to specialize in the field of O&G, is eligible to enrol as a trainee in the Malaysian RCOG Parallel Training Programme.
- 2. All Trainees will be encouraged to register with 'Bahagian Latihan'. This will facilitate the setting up of an electronic Trainee Register, for the ease of tracking, deployment and allocation of personnel.
- 3. Registered Trainees will be assigned an **educational supervisor**, according to geographical proximity. This assignment will be updated annually. Trainees are encouraged to meet their educational supervisor at the commencement of their training and at least annually thereafter.
- 4. Registered Trainees will also be assigned **clinical supervisors**, of closest physical proximity to their hospital of training.
- 5. It is a Trainee's prerogative to continue his/her training with or without the direct supervision of an allocated educational/clinical supervisor.
- 6. Trainees will be provided with a Training Logbook, adapted from the RCOG Training Logbook (Sept 2016 Edition).
 - This logbook covers the RCOG core examination syllabus and will include case based discussions, assessment of clinical/surgical competencies and regular appraisals of training performance. Any gazetted O&G Specialist can sign off a trainee's logbook
 - A list of recommended training workshops and courses will also be included in the logbook.
 - o Individual trainees are responsible for completing and keeping their logbook up to date.

Request for transfer to recognized RCOG Training Hospital

- Trainees keen to be transferred to recognised RCOG Training Hospitals in Malaysia can put in a written request to the Chairperson of the RCOG Parallel Training Committee. Priority will be given to trainees who have passed the MRCOG Part 1 Examinations.
- Trainees who are keen for temporary placements in specific subspecialties, not available in their hospital of training, can liaise with their Clinical Supervisors for such an arrangement to be made.

Note:

- 1. Self-Directed, adult learning will be key to a Trainee's progress. The onus is on the Trainee to fully utilize and maximize the resources at hand, to receive the most out of their training. At present, no additional requirements will be set for Malaysian RCOG Trainees, other than those stipulated by the RCOG, to be eligible to sit for the MRCOG examinations.
- 2. Trainees can directly liaise with the Chairperson of the local RCOG Training Programme or the Malaysian Member of IRC and Local Examinations Officer, in matters pertaining to their training, and vice versa.

(ii) AIMS & OBJECTIVES

Aims of Training

- 1. Comprehensive exposure to common clinical problems and issues in O&G
- 2. To develop the necessary skills to competently manage O&G problems and diseases, both in the outpatient and inpatient setting
- 3. To be competent in performing core clinical procedures in the field of O&G
- 4. To be competent in the management of O&G emergencies
- 5. To understand the concept of Clinical Risk Management
- 6. To be involved in teaching, CME, clinical audits and research activities
- 7. To develop leadership and interpersonal skills to cooperate well with fellow healthcare professionals and to communicate sensitively and effectively with patients
- 8. To be sufficiently attuned to and prepared to sit for the MRCOG (UK) Part 2 & 3 Examinations
- 9. To be ready to function independently as O&G Specialists in Malaysia, upon passing the MRCOG (UK) Examinations

Training Logbook:

- 1. The objective of this Logbook is to provide trainees with a structured 4-year training programme, that will provide them with the necessary skillset to not only pass the MRCOG (UK) Examinations, but also to be able to manage a comprehensive array of O&G conditions and to perform core O&G procedures required of an O&G Specialist in Malaysia.
- 2. Trainees should keep a detailed log book of the following:
 - o Clinical & Knowledge-based competencies achieved
 - o Clinic sessions attended
 - o Workshops, courses and conferences attended
 - Any Research/Paper Publications
- 3. Progress through the specified training periods and appraisals of performance/training progress should be clearly documented
- 4. A suggested timeline for the acquisition of specific skills is provided in the logbook.
- 5. Trainees should be familiar with both guidelines and protocols from the UK, as well as Malaysia.
- 6. Trainees are expected diligently perform clinical duties assigned to them, and to meticulously keep an updated written record of these.

Assessment of training:

- 1. Trainees will be appraised regularly throughout their period of training. Competency across the following domains will be assessed:
 - i. Information Gathering
 - ii. Clinical Knowledge
 - iii. Patient Safety
 - iv. Communication Skills (With patients, subordinates, colleagues, superiors and support staff)
 - v. Technical Skills

- 2. Trainees should work closely with their clinical supervisors and to obtain regular feedback on their performance.
- 3. The arrangement of assessments and appraisals are the prerogative of the trainee. Trainees should be assessed
- 4. It is highly recommended for trainees to attend ALSO, BLS, NRP and GCP courses, preferably in the first year of training

(iii) LOGBOOK FAMILIARISATION

In preparation for the MRCOG (UK) examinations, we have modelled our Trainee Logbook after the updated RCOG (UK) Trainee Logbook (Sept 2016), encompassing the 19 core modules recommended by the RCOG course curriculum.

As new competencies are acquired, these have to be certified by a Specialist OR Consultant in O&G. Senior trainees (Registrar) can accredit a junior trainee to perform some clinical procedures (These will be clearly stated). The trainer certifying a trainee has to SIGN and DATE the relevant section of the logbook and clearly state his/her work DESIGNATION.

Assessment of Training

ALL the relevant compulsory core skills, as indicated in the logbook, will have to be completed and signed off before a trainee in Malaysia is deemed to have achieved competency in a particular module.

(i) LEVEL 1 Competency (Observation)

Prior to undertaking any clinical skill under direct supervision, a trainee must have observed the procedure on a number of occasions, have a thorough understanding of the principles of the procedure, the indication of the procedure and the complications. Only upon receiving accreditation for theses, can a trainee move on to performing the procedure under direct supervision.

(ii) LEVEL 2 Competency (Direct Supervision)

After demonstrating sufficient theoretical knowledge on a specific procedure, a trainee will have to demonstrate competency in performing the specified procedure, under direct supervision, before he/she can be credentialed to be an independent operator.

(iii) LEVEL 3 Competency (Independent Practice)

Having received credentialing for independent practice, trainees are encouraged to keep a detailed log of the procedures/surgeries they have performed, including any complications they encounter, so that they can better audit their own practice.

*NOTE:

Trainees may find that there are some rare clinical presentations contained within the curriculum in which it proves difficult to demonstrate/develop competency. In such cases, alternative training methods e.g. drills, simulation or eLearning, may be used, together with case-based discussion assessments to assess a trainee's competency level.

(iv) TRAINING COURSES

Training courses in O&G are plentiful both locally and internationally. Trainees are encouraged to actively seek out and to enrol in courses they believe to be relevant to their training and clinical advancement in O&G.

The following courses are deemed mandatory to be attended by the end of year 2. Evidence of completion will need to be provided at the Annual Review Year 2, and will be a pre-requisite for entry to your 3rd year of training. (Certificates confirming attendance and satisfactory completion of each course must be kept by trainees)

- 1) Advanced Obstetric Life Support
- 2) Basic Practical skills workshop
- 3) Basic suturing course
- 4) Basic ultrasound course (to be completed by end of 1st year of training)
- 5) Breastfeeding Health Initiative Course
- 6) Good Clinical Practise Workshop
- 7) Neonatal Resuscitation Programme
- 8) 3rd and 4th degree perineal repair workshop

(v) INDUCTION & APPRAISAL

Induction meetings should be performed upon the commencement of each training period. Goals and objectives for the training period should be clearly defined and agreed upon, together with your assigned educational supervisor.

Trainees should review their trainee logbook and current competencies with your educational supervisor regularly and set achievable goals for further progress. Additional educational objectives, such as audit projects and study leave, should be identified with realistic timescales for completion.

Trainees will be appraised by their educational supervisor at the:

- End of 6 months
- End of 1 year
- End of 2 years
- End of 3 years
- End of 4 years, then yearly thereafter
- A board meeting will be scheduled with Trainees, after <u>4 or more</u> unsuccessful attempts at the MRCOG Part 2 & 3 Examinations.

Annual Review of Clinical Progress & Competency

Trainees must meet with their educational supervisor and complete the Educational Supervisor's Report or Annual Assessment Review together. This entails providing details of the educational achievements and the competencies that trainees have completed that year.

Deficiencies in training or poor performance may lead to further disciplinary action.

Objective Structured Assessment of Technical Skills (OSATS)

There are a small number of procedures that are so fundamental to the practice of O&G that an objective assessment tool has been developed to aid the review process. The OSATS is a validated assessment tool that is used to assess your technical competency in a particular technique. The curriculum indicate the skills that need to be assessed with an OSATS. The OSATS should be used to help you and your trainer to assess when you are ready to practice a procedure independently and when you are ready to be signed off for independent practice. The same OSATS may be used to assess increasing levels of complexity for any particular procedure.

The Following 10 OSATS are included in the Core Curriculum and have been developed to assess the procedures that are fundamental to the practice in O&G. They are:

- 1) Caesarean Section
- 2) Diagnostic Laparoscopy
- 3) Diagnostic Hysteroscopy
- 4) Fetal Blood Sampling
- 5) Manual Removal of Placenta
- 6) Opening and closing the abdomen

- 7) Operative Laparoscopy
- 8) Operative Vaginal Delivery
- 9) Perineal Repair
- 10) Uterine Evacuation

Before undertaking an OSATS assessment, trainees must be able to perform the procedure competently under direct supervision. Trainees will be required to demonstrate this on several occasions before the first OSATS assessment. It is not envisaged that trainees will complete the assessment successfully at the first attempt, and this should not be seen as a failure

** OSATS assessment forms have been attached under the Appendices section (Appendices 7-16), under General and Specific OSATS.

Trainees can photocopy more, as necessary.

Multisource Feedback

Trainees need feedback from a range of healthcare professionals. Within a calendar year, each trainee should collate written feedback from the following staff:

- (i) Educational supervisor
- (ii) At least 2 other clinical specialists
- (iii) At least 2 other trainees
- (iv) At least 2 senior staff nurses/midwives in clinical areas outpatient clinics, early pregnancy units, operation theatres, gynaecology ward, maternity ward, labour ward

Educational supervisors will be privy to the feedback collated and advise trainees accordingly on how to address issues identified, should the feedback received be poor or unsatisfactory.

** Multisource Feedback forms have been attached under the Appendices section. (Appendix 17) Trainees can photocopy more, as necessary.

CANDIDATE ELLIGIBILITY FOR THE MRCOG (UK) EXAMINATIONS

- To be eligible to sit for the Part 2 MRCOG examinations, Malaysian O&G Trainees are required to complete **48 months of accredited training** in the field of Obstetrics and Gynaecology, at least 1 month prior to the date of the Part 2 examination.
- The Part 2 examination must be attempted within 7 years of passing Part 1. Failing to do so, Part 1 will have to be repeated.
- Upon passing the Part 2 examinations, candidates must attempt Part 3 within 7 years.
- If a candidate does not pass Part 3 within 4 attempts, the Part 2 examination will have to be repeated.
- Any O&G Specialist in Malaysia (MOG/MRCOG) can sign off a Trainee's RCOG assessment of training form.
 - The assessment of training form has to be received by the college examinations office >3months prior to the examination date.

It is recommended that O&G Trainees undertake the designation of:

- 1. Trainee Medical Officer (TMO) for at least the first 2 years of training
- 2. **Registrar** when deemed suitable, after at least 2 years of training (Passing the MRCOG Part 1 Examinations is a prerequisite for the Registrar post)

Suggested Training Schedule

	Year 1	Year 2	Year 3	Year 4	Year 5 & Beyond		
Clinical Skills	On call with at least 2 other seniors	On call with at least 1 other senior	Registrar On Call	Registrar On Call	Registrar On Call		
	on site	on site					
Examination		Part 1 MRCOG			Part 2 & 3 MRCOG		
Clinical Skills	- Basic Ultrasound Scans - Conducting Normal Vaginal Delivery - Fetal Blood Sampling - MRP - Uncomplicated C-Section - Non-Rotational Assisted Vaginal Delivery (Ventouse) - Surgical Management (In)complete Miscarriages - Repair of 2 nd Degree Perineal Tear	- Rotational Instrumental Vaginal Delivery - Diagnostic Laparoscopy - Hysteroscopy - Colpscopy/LLETZ (Under Supervision) - Colpscopy/LLETZ (Under Supervision) - TAHBSO - Salpingo-Oophorectomy - Mysterotomy - Waginal Delivery of Multiple Pregnancies - Vaginal Breech Delivery (If Possible) - Complicated C-Sections (2 previous scars, 2 nd Stage C-Section, Fetal Bradycardia, Abruptio Placenta, - Hysterotomy, Placenta Previa) - Repair of Obstetric Anal Sphincter Injuries /(OASIS) - Laparoscopic Sterilization - Laparoscopic Salpingectomy (Ectopic Pregnancy) - Salpingo-Oophorectomy - Myomectomy - Cystectomy					
Case Based Discussions	- At Least once every 2 months (6	times a year)		, ,			
Mini-Clinical Evaluations	- At Least 4 times a year (2 Obstet	rics and 2 Gynaecology clinic settings))				
Reflective Practice	- At least 2 cases a year (1 Obstetr	ics and 1 Gynaecology Case)					
Suggested Courses	- Basic Suturing course - Basic Ultrasound Course - CTG training - Adanced Life Support in Obstetrics - Workshop on repairing extended perineal tears - Neonatal Resuscitation Program - Basic Life Support - Advance Cardiac Life Support - Breast Feeding Health Initiative Course - Good Clinical Practice						
Clinical Governance (Patient Safety, Audit, Risk Management and Quality Improvement)	ty						
Teaching Experience	Documented evidence of teaching to M						
Leadership & Management Experience		Evidence of Department Responsibility	ty				
Presentations & Publications	Department Presentations Eg. Caesar A Encouraged to publish at least 1 clinic	al study paper		Presentation of at least 1 case study paper publication	at a conference or contribution to a		
Trainee Evaluation Form	To Be completed Yearly, With Forma	Appraisal of Annual Performance.					

This core training logbook will provide a platform for assessors to recommend Malaysian O&G trainees to sit for the RCOG Part 2 and 3 examinations.

The recommended standards represent the suggested minimum required. Trainees are encouraged to exceed these expectations. Trainees will work under direct supervision until they have been credentialed to have the required competencies to work independently. Formal credentialing is required for clinical/surgical procedures e.g. Basic ultrasound scanning, LSCS, Instrumental Vaginal Delivery, MRP, Perineal Repeir, Fetal Blood Sampling, S&C, Laparotomy Salpingectomy, BTL,, Laparoscopic surgeries etc.

Trainees are expected to keep up-to-date documentations of their training logbooks and credentialing, as they progress through their training in O&G. Trainees are further encouraged to regularly audit their own practice.

Suggested Reading List

Compulsory Reading

- 1. ALL RCOG Greentop Guidelines
- ALL RCOG Advice on Clinical Governance, Consent Advice and Best Practice
- 3. ALL relevant NICE guidelines
- 4. **ALL** Mothers and Babies Reducing Risks through Audits and Confidential Enquiries (**MBRRACE-UK and Ireland**) Reports from at least 3 years prior to your examination date
- 5. **ALL** The Obstetrician and Gynaecologist (TOG) articles from at least 3 years prior to your examination date
- 6. **ALL** guidelines from the Faculty of Sexual and Reproductive Health (FSRH) website
- 7. Relevant RCOG Scientific Impact Papers (SIPs)
- 8. Relevant guidelines from British Association of Sexual Health and HIV (BASHH) website

Recommended

- 1. StratOG
 - This RCOG website offers further reading and practice questions on the core syllabus tested on the MRCOG Part 2 and 3 examinations, to supplement the available college guidelines.
 - Instructional videos on surgical procedures, as well as tutorials on soft skills are also available
- An Evidence Based Textbook for the MRCOG Luesley D. And Baker P.
 - Covers essential topics for the MRCOG examinations rather comprehensively, including topics like gynaeoncology. urogynaecology and adolescent gynaecology
- 3. Handbook of Obstetric Medicine; Catherine Nelson Piercy
 - Provides a good coverage of obstetric medicine

- 4. Tom McFarlane's free online blog and podcasts
 - Free MCQs, EMQs, tips from previous gold medal winners, as well as detailed information on topics such as diathermy, clinical risk management and audit, which can be difficult to find from other reading sources.
- 5. How To Read A Paper The basics of evidence based medicine; BMJ BOOKS; Trisha Greenhalgh (2nd edition available online for free)
 - Covers statistics and appraising papers
- 6. Obstetrics Gynaecology & Reproductive Medicine Articles
 - Offers a comprehensive review of core topics in O&G, with articles covering latest evidence over a 3 year period
- 7. European Society of Human Reproduction and Embryology (ESHRE) guidance on fertility issues and endometriosis
- 8. Relevant guidance from the British Society for Gynaecological Endoscopic (BSGE) society website
- Relevant Guidance from the British Society of Urogynaecology (BSUG) website
- 10. Relevant guidance from the British Gynaecological Cancer Society (BGCS)
- 11. NHS Patient UK guidance
- 12. RCOG Patient Information Leaflets

Supplementary Reading

- 1. Relevant BMJ articles (RCOG website link)
- 2. High Risk Pregnancy; James D. et al
- 3. Oxford Handbook of O&G; Arulkumaran S.
- 4. Emergencies in O&G; Aurlkumaran S.
- 5. Handbook of Fetal Medicine; Sailesh Kumar
- 6. MRCOG and Beyond
- 7. Dewhurst Textbook of O&G; Edmonds
- 8. MRCOG Part 2 EMQ and SBA books
- 9. MRCOG Part 3 guide
- **10.** BusySPR/ONExamination online subscription prior to exams

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CORE MODULES

Malaysian MRCOG Parallel Training Pathway Trainee Logbook 2nd Edition 2019

Core Module 1: Clinical Skills

Learning Outcomes:

- To understand and demonstrate the appropriate knowledge, skills and attitudes to perform assessment of women by means of clinical history taking and physical examination.
- To manage problems effectively and to communicate (verbal and non verbal) well with women, relatives and colleagues in a variety of clinical situations.
- To learn to acknowledge diversity and respect patients' views.
- To demonstrate effective time management.
- To inspire confidence and trust in one's professionalism

- (i) <u>History Taking</u>
 - a. StratOG.net (Communication skills e-tutorial)
 - b. GMC Website Good clinical care guidelines
- (ii) Note Keeping
 - a. GMC Website Management for Doctors 2006
 - b. Caldicott Committee Report on the review of patient identifiable information (Department of Health; 1997)
- (iii) Teamwork, Management and Decision Making
 - a. GMC Website Management for Doctors 2006
- (iv) <u>Communication and Support</u>
 - a. RCOG Patient Information Leaflets (RCOG Website)
 - b. StratOG.net The Obstetrician and Gynaecologist as a teacher and researcher
 - c. SANDS (Stillbirth and Neonatal Death Society) website Guidance for professionals
 - d. GMC Website Valuing diversity guide
 - e. Human Rights Act 1998
 - f. Disability Discrimination Acts=1995
- (v) Breaking Bad News
 - a. StratOG.net Early pregnancy loss
 - b. Miscarriage Association website Breaking bad news guidance
 - c. GMC Website Treatment and care towards the end of life (Good practice in decision making)
- (vi) Clinical Examination and Investigation
 - a. GMC Website Maintaining boundaries including intimate examination. Guidance for doctors
 - b. GMC Website GMC Ethical Guidance. 0-18 years: public interest.
 - c. RCOG Website RCOG Guidance. Maintaining Good Medical Practice
 - d. RCOG Website Gynaecological examinations: Guidance for Specialist Practice.
- (vii) Clinical Reasoning: Diagnostic and Therapeutic Plans
 - a. RCOG Website Patient Information Leaflets
 - b. RCOG Website RCOG Recovering well series
 - c. GMC Website Supportive self care
- (viii) Therapeutics and Safe Prescribing
 - a. NICE website (Relevant clinical guidance)
 - b. GMC Website Good practice in prescribing medicines guidance for doctors
 - c. British National Formulary website
 - d. Medications and Healthcare Products Regulatory Agency (MHRA) Website

Appraisal of Competencies:

Core Module 1 Logbook	Competency Level 1		Competency Level 2		Competency Level 3	
	Date	Signature	Date	Signature	Date	Signature
History Taking (Mini Clin	ical Eval	uations/Case Based	d Discussions)			
Take and analyse an						
obstetric history						
Take and analyse a						
gynaecological history						
Clinical Examination	•	_				
Pregnant						
Non Pregnant						
Speculum Examination	1					
Cusco's						
Sim's						
PAP smear						
Pipelle/Vabra Sampling						
Conveying Diagnosis and	l Managen	nent Plan				
Gynaecology						
Obstetrics						
Breaking Bad News	l		<u> </u>			
Gynaecology						

Obstetrics										
Others						1				
Training C	ourses or Sessio	ons								
Title							Specialist/C Signature	Consultant	Date	
COMDI ET	TION OF MOD	III IT 1								
	hat all compone		module have	been succ	essfully com	pleted				
Date	Name and Sig Specialist/Co	gnature o			d Signature o		e			

Core Module 2: Teaching, Appraisal and Assessment

Learning Outcomes:

- To understand and demonstrate the knowledge, skills and attitudes to provide appropriate teaching, learning opportunities, appraisal, assessment and mentorship.
- To acquire the knowledge and skills to cope with and understand the ethical and legal issues which occur during the management of obstetric and gynaecological patients.

- (i) Medical Education
 - a. StratOG.net: The Obstetrician and Gynaecologist as a Teacher and Researcher
 - b. GMC education and training website
 - c. The Obstetrician and Gynaecologist Journal
- (ii) Appraisal and Assessment
 - a. StratOG.net
 - i. The Obstetrician and Gynaecologist as a Professional. Appraisal, Mentoring and Reflective Practice
 - ii. The Obstetrician and Gynaecologist as a Teacher and Researcher

Appraisal of Competencies

Core Module 2	Competency Level 1		Competence	Competency Level 2		Level 3	
Logbook	Date	Signature	Date	Signature	Date	Signature	
Teaching							
Small Group Teaching							
Large Group Teaching							
Formal							
Presentation/Lecture							
Run Obstetric Drill							
Appraisal and Assessment							
Performing effective							
Appraisals/Assessments							

Training Courses or Sessions						
Title	Specialist/Consultant Signature	Date				

	COMPLETION OF MODULE 2 I confirm that all components of the module have been successfully completed							
Date	Name and Signature of Specialist/Consultant	Name and Signature of Trainee						

Core Module 3: Information Technology, Clinical Governance and Research

Learning Outcomes:

- To understand and demonstrate the appropriate knowledge, skills and attitudes in the use and management of health information
- To have an understanding of the context, meaning and implementation of clinical standards and governance.
- To know and understand the audit cycle, and to have knowledge of research methodology

- (i) <u>Use of Information Technology</u>
 - a. StratOG.net: The Obstetrician and gynaecologist as a Teacher and Researcher. Data Handling.
- (ii) Clinical Governance: Audit
 - a. RCOG website Understanding Audit
 - b. NICE Principles for best practice in audit
 - c. Stratog.net: The Obstetrician and Gynaecologist as a professional.
- (iii) Clinical Governance: Clinical Standards
 - a. RCOG website Searching for Evidence guideline
 - b. Stratog.net: The Obstetrician and Gynaecologist as a professional. Clinical governance e-tutorial
- (iv) Clinical Governance: Risk Management
 - a. RCOG Website. Clinical Risk Management for Obstetricians and Gynaecologists.
 - b. GMC Website. GMC Management for Doctors
 - c. Clinical Negligence Scheme for Trusts website
 - d. National Patient Safety Agency website
 - e. The National Confidential Enquiry into Patient Outcome and Death (NCEPOD) website
 - f. Attend a perinatal morbidity and mortality multidisciplinary meeting
- (v) Research
 - a. GMC duties of a Doctor
 - b. Malaysian Good Clinical Practise (GCP) course for those keen on clinical research
 - c. StratOG.net: The Obstetrician and Gynaecologist as a Teacher and Researcher etutorials

Appraisal of Competencies:

Core Module 3 Logbook	ogbook Competency Level 1		Comp	etency Level 2	Competency Level 3	
	Date	Signature	Date	Signature	Date	Signature
Audit						
Perform an Audit						
Clinical Governance						
Prepare or revise a guideline or						
care pathway						
Adopt a structured Approach to						
handling complaints						
Risk Management						
Present at risk management						
meeting						
Research						
Critically appraise a scientific						
paper						
Presenting a paper at an						
accredited scientific						
meetings/conference/publication						

Training Courses or Sessions						
Title	Specialist/Consultant Signature	Date				

COMPLETION OF MODULE 3 I confirm that all components of the module have been successfully completed									
Date	Name and Signature of Specialist/Consultant Name and Signature of Trainee								
	Specialization of the second o								

Core Module 4: Ethics and Legal Issues

Learning outcomes:

- To understand and demonstrate the appropriate knowledge, skills and attitudes in the context of taking consent and confidentiality
- To have an understanding of the context, meaning and implementation of the legal framework for practice.
- To know and understand professional, legal and ethical codes of practice.

- (i) Consent and Confidentiality:
 - a. Department of Health Guidance on consent
 - b. RCOG website
 - o RCOG guidance on Obtaining Valid Consent.
 - o RCOG Consent Advice Series
 - Improving Patient Safety: Risk Management for Maternity and Gynaecology (Clinical Governance Advice 2)
 - o Presenting Information on Risk (Clinical Governance Advice 7)
 - RCOG guideline. Law and Ethics in relation to Court-authorised Obstetric Intervention.
 - Confidentiality and Disclosure of Health Information: RCOG Ethics Committee comments on BMA document
 - c. Department of Health website. Caldicott Committee Report on the review of patient identifiable information (DH; 1997).
 - d. StratOG.net: The Obstetrician and Gynaecologist as a professional. Ethical and legal issues e-tutorial.
 - e. Data Protection Act 1998 & Freedom of Information Act 2000
 - f. GMC Website
 - Confidentiality guidance handbook.
 - o GMC Ethical Guidance. End of life care: Certification, post-mortems and referral to a coroner or procurator fiscal.
 - o GMC 0-18 years guidance. Child protection
 - GMC guidance. Mental Health Act 2005.
- (ii) Legal Issues Relating to Medical Certification
 - i. RCOG Website. RCOG guideline. Registration of Stillbirths and Certification for Pregnancy Loss before 24 weeks of Gestation.
 - ii. StratOG.net: The Obstetrician and Gynaecologist as a Professional. Ethical and legal issues e-tutorial
- (iii) Integrity
 - i. StratOG.net: The Obstetrician and Gynaecologist as a Professional. Ethical and legal issues e-tutorial
 - ii. GMC Website
- o GMC fitness to practice panels online information.
- o GMC guidance on withholding and withdrawing treatment.
- o GMC guidance on patient confidentiality.

Appraisal Of Competencies:

Core Module 4 Logbook	Competence Level					
	Level 1		Level 2		Level 3	
Consent and legal/ethical issues	Date	Signature	Date	Signature	Date	Signature
Understand the ethical and legal issues of						
consent						
Understand the ethical and legal issues of						
patient safety						
Understand the ethical and legal issues of						
consent for neonatal post-mortem						
examination						
Knowledge of ethical and legal issues						
related to Female Genital Mutilation						

Training Courses or Sessions					
Title	Specialist/Consultan Signature	t Date			

COMPLETION OF MODULE 4 I confirm that all components of the module have been successfully completed								
Date	Name and Signature of Specialist/Consultant Name and Signature of Trainee							

Core Module 5: Core Surgical Skills

Learning outcomes:

• To understand and demonstrate appropriate knowledge, skills and attitudes in relation to basic surgical skills

- (i) Basic Practical Skills Courses
- (ii) <u>StratOG.net:</u>
 - a. Abdominal surgery
 - b. Basic practical skills
 - c. Blended eLearning and Simulation Training: Basic Laparoscopic surgery
 - d. Minimal access surgery
 - e. Ethical and legal issues
 - f. Pharmacology in gynaecology and obstetric surgery
 - g. Preparation of patient for theatre (Including scientific impact paper (SIP) on Enhanced Recovery Programme)
 - h. Uterine cavity surgery

Appraisal of Competencies:

Core Module 5 Logbook	Competence Level					
	Level 1		Level 2		Level 3	
	Date	Signature	Date	Signature	Date	Signature
Interpret preoperative investigations						
Demonstrates understanding on principles of nutrition, water, electrolyte and acid base balance and cell biology Arrange preoperative management (In line with Enhanced Recovery Program (ERP) principles) Obtain informed consent						
Chooses appropriate operation (with due regard to degree of urgency, likely pathology and anticipated prognosis) Basic knowledge on anaesthesia						
Demonstrates good understanding of relevant clinical anatomy/histology Demonstrates knowledge on use and complications of diathermy and other energy sources						
Exhibit technical competence - OSATs assessment form (Has to demonstrate level 3 clinical competency for module to be signed) Make appropriate operative decisions						
Manage intraoperative problems						

Core Module 5 Logbook	Competence Level					
	Level 1		Level 2		Level 3	
	Date	Signature	Date	Signature	Date	Signature
Demonstrates understanding on measures to prevent intra/post-operative issues such as infection, haemorrhage and VTE						
Understands basic principles of infection control						

Training Courses or Sessions

Title	Specialist/Consultant Signature	Date

COMPLETION OF MODULE 5 I confirm that all components of the module have been successfully completed								
Date	Name and Signature of Specialist/Consultant Name and Signature of Trainee							

Core Module 6: Postoperative Care

Learning Outcomes:

- ☐ To understand and demonstrate appropriate knowledge, skills and attitudes in relation to
 - postoperative care.
 - o Recognises abnormalities
 - o Communication skills, especially when there has been a deviation from the preoperative plan
 - o Collaboration with appropriate colleagues

- (i) NHS Improvement Programme website Enhanced Recovery (Gynaecology) http://www.improvement.nhs.uk/enhancedrecovery2/Gynaecology.aspx
- (ii) SIGN/RCOG guidelines on thromboembolism
- (iii) StratOG.net:
 - a. Surgical Procedures and Postoperative Care e-tutorial
 - b. Management of postoperative complications
 - c. Abdominal surgery
 - d. Early pregnancy loss Breaking bad news
 - e. Communication skills
- (iv) National Patient Safety Agency. Surgical Safety Checklists. Available online.
- (v) Local courses

Appraisal of Competencies:

Core Module 6 Logbook	Competence level							
Core Module o Logbook	Level 1		Level 2		Level 3			
	Date	Signature	Date	Signature	Date	Signature		
Conduct appropriate review of								
Fluid/electrolyte balance								
Catheter								
Surgical drainage								
Sutures								
Wound complications								
Communicate								
With colleagues								
With relatives								
Explain procedure to patient								
Advise on postoperative progress								

Gynaecological			
Non-gynaecological			
Late complications			

Training Courses or Sessions		
Title	Specialist/Consultant Signature	Date

COMPLETION OF MODULE 6 I confirm that all components of the module have been successfully completed		
Date	Name and Signature of	Name and Signature of Trainee
	Specialist/Consultant	-

Core Module 7: Surgical Procedures

Learning Outcomes:

- To understand and demonstrate appropriate knowledge, skills and attitudes in relation to surgical procedures.
- Knowledge of basic sciences and basic surgical instruments and sutures
- Knowledge of the NHS Enhanced Recovery principles to enhance patient safety and optimize pre and post-operative care.

- (i) NHS Improvement Programme website Enhanced Recovery Programme
- (ii) NICE Guidelines
 - a. Balloon catheter insertion for bartholin's cyst or abscess
- (iii) StratOG.net:
 - a. Abdominal surgery eTutorial
 - b. Bartholin's Cyst Management eTutorial
 - c. Ectopic pregnancy eTutorial
 - d. Gynaecological emergencies eTutorial
 - e. Minimal access surgery eTutorial
 - f. Uterine cavity surgery eTutorial
 - g. Uterine and tubal factor infertility eTutorial
- (iv) Green-top Guidelines
 - a. Operative Vaginal Delivery (Green-top Guideline 26)
- (v) Obtaining valid consent for complex gynaecological surgery (Clinical Governance Advice 6b)
- (vi) Use of low fidelity (box) trainers or virtual reality (VR) simulation to enhance psychomotor skills
- (vii) Relevant The Obstetrician and Gynaecologist Journals

Appraisal of Competencies:

Care Module 7 Laghael	Competence Level								
Core Module 7 Logbook	Level 1			Level 2		Level 3			
	Date	Signature	Date	Signature	Date	Signature			
Evacuation of uterus									
Management of Bartholin's Abscess/Cyst									
Laparotomy for ectopic pregnancy									
Excision biopsy of benign vulval lesion (LA or GA)									
Vulval biopsy under local anaesthesia									
Abdominal hysterectomy ± bilateral salpingo-oophorectomy									
Vaginal hysterectomy									
Oophorectomy									
Ovarian cystectomy									
Adhesiolysis									
Transabdominal myomectomy									
Diagnostic laparoscopy									
Management of pelvic abscess (a) Non-surgical									

Core Module 7 Logbook	Competence Level								
	Level 1			Level 2		Level 3			
	Date	Signature	Date	Signature	Date	Signature			
management of pelvic									
abscess									
(i.e. conservative,									
interventional									
radiology/needle									
drainage)									
(b) Surgical management of									
pelvic abscess									
Laparoscopic sterilisation									
Diagnostic hysteroscopy									
Hysteroscopy and polypectomy									
Minor cervical procedures									
Minor perineal revision surgery									

OSATS	Each OSATS should be successfully completed for Independent Practice on 3 occasions before the module can be signed off (OSATS assessment form available in 'Appendices')							
Diagnostic	Date	Date	Date					
laparoscopy	Signature	Signature	Signature					
	Date	Date	Date					
Operative laparoscopy	Signature	Signature	Signature					
	Date	Date	Date					
Diagnostic hysteroscopy	Signature	Signature	Signature					
Laparoscopy management of	Date	Date	Date					
ectopic pregnancy	Signature	Signature	Signature					

Training Courses or Sessions				
Title	Specialist/Consultant Signature	Date		

COMPLETION OF MODULE 7 I confirm that all components of the module have been successfully completed					
Name and Signature of	Name and Signature of Trainee				
Specialist/Consultant					

Core Module 8: Antenatal Care

Learning Outcomes:

- To understand and demonstrate appropriate knowledge, skills and attitudes in relation to preconception and antenatal care, including:
 - o The ability to explain detection rates and limitations of anomaly screening
 - o Principles screening for neural tube defects, Down syndrome and haemoglobinopathies
 - o Genetic disorders and their inheritance with examples such as Tay-Sachs disease, cystic fibrosis and thalassemia
 - Infections during pregnancy and effects upon the fetus and neonate (E.g. TORCHES)
- Liaising with midwives and staff from maternal and child health clinics in the management of antenatal and postnatal patients.

- (i) NICE guidelines
 - a. Antenatal Care (CG62)
 - b. Antenatal and postnatal mental health (CG192)
 - c. Domestic violence and abuse (PH50)
 - d. Multiple Pregnancy (CG129)
- (ii) StratOG.net
 - a. Principle of antenatal care
 - b. Fetal growth restriction
 - c. Ultrasound scanning of fetal anomaly
 - d. Multiple pregnancy
 - e. Vaginal breech
 - f. Induction of labour and prolonged pregnancy
 - g. Domestic abuse and substance misuse
 - h. Infectious diseases
 - i. Preterm labour
 - j. Antepartum haemorrhage
 - k. Genetic disorders
 - 1. Pre-eclampsia
 - m. Alloimmune disorders of pregnancy
 - n. Assessment of fetal wellbeing
 - o. Perinatal mental health
- (iii) Green-top Guidelines
 - a. Amniocentesis and chorionic villus sampling (Green-top Guideline 8)
 - b. Antenatal corticosteroids to reduce neonatal morbidity (Green-top Guideline
 7)
 - c. Birth after previous caesarean birth (Green-top Guideline 45)
 - d. Blood transfusions in obstetrics (Green-top Guideline 47)
 - e. Chickenpox in pregnancy (Green-top Guideline 13)

- f. Management of genital herpes in pregnancy (Green-top Guideline 30)
- g. Management of gestational trophoblastic neoplasia (Green-top Guideline 38)
- h. Prevention of early-onset neonatal group B streptococcal disease (Green-top Guideline 36)
- i. The prevention of malaria in pregnancy (Green-top Guideline 54A)
- j. The diagnosis and treatment of malaria in pregnancy (Green-top Guideline 54B)
- k. Maternal Collapse in Pregnancy and the Puerperium (Green-top Guideline 56)
- 1. Management of Monochorionic Twin Pregnancy (Green-top Guideline 51)
- m. Obstetric cholestasis (Green-top Guideline 43)
- n. Placenta Praevia, Placenta Praevia Accreta and Vasa Praevia: Diagnosis and Management (Green-top Guideline 27)
- o. Pregnancy and Breast Cancer (Green-top Guideline 12)
- p. Reduced Fetal Movements (Green-top Guideline 57)
- q. Shoulder Dystocia (Green-top Guideline 42)
- r. Investigation and Treatment of Couples with Recurrent Miscarriage (Greentop Guideline 17)
- s. The Investigation and Management of Small-for-Gestational-Age Fetus (Green-top Guideline 31)
- t. Reducing the Risk of Thrombosis and Embolism during Pregnancy and the Puerperium (Green-top Guideline 37a)
- u. The Acute Management of Thrombosis and Embolism During Pregnancy and the Puerperium (Green-top Guideline 37b)
- v. Umbilical Cord Prolapse (Green-top Guideline 50)
- w. The Management of Tubal Pregnancy (Green-top Guideline 21)
- (iv) Relevant The Obstetrician and Gynaecologist Journal
- (v) Fetal Anomaly Screening Programme (FASP) website
- (vi) Risk assessment meetings
- (vii) Department Perinatal morbidity and mortality meeting

Module 8 – details of knowledge criteria:

Preconception care:

- Sources of detailed information accessed by patients
- Effect of pregnancy upon disease
- Effect of disease upon pregnancy
- Principles of inheritance of disease
- Teratogenesis
- Drugs and pregnancy

Purposes and practice of antenatal care:

- Arrangements for and conduct of booking visit
- Arrangements for and conduct of follow-up visits
- Use of imaging techniques
- Screening for abnormality
- Health education
- Liaison between health professionals
- Recognition of domestic violence

Physiology and management of normal:

- Pregnancy
 - Childbirth, including delivery outside specialist unit
- Puerperium, including lactation
- Neonate, including feeding

Placental:

- Abnormalities (shape, size, implantation)
- Chorioamnionitis
- Infarction
- Chorioangioma
- Multiple pregnancy
- Intrauterine growth retardation
- Cord abnormalities
- Trophoblastic disease

Fetal growth restriction:

- Aetiology (maternal, placental, fetal)
- Diagnosis (clinical, imaging, biochemical, genetic)
- Monitoring (ultrasound, cardiotocography)
- Delivery (timing, method)
- Prognosis (fetal, neonatal)

Genetics:

- Modes of inheritance (Mendelian, multifactorial)
- Cytogenetics
- Phenotypes of common aneuploidies (Down syndrome, Edward syndrome, Patau syndrome, Turner syndrome, Klinefelter syndrome, triple X, multiple Y)
- Translocation

Immunology:

- Immunological pregnancy tests
- Rhesus and other isoimmunisation
- Auto-immune diseases

Preterm premature rupture of membranes:

- Fetal pulmonary maturity
- Therapy (steroids, antibiotics, tocolytics)
- Infection (risks, management)
- Delivery (induction of labour, timing, mode)

Haemorrhage:

- Placental abruption
- Placenta praevia
- Vasa praevia
- Placenta accreta
- Trauma

Multiple pregnancy:

- Zygosity
- Impact of assisted reproduction techniques
- Placentation
- Diagnosis
- Management (antenatal, intrapartum, postnatal)
- Special procedures (prenatal diagnosis, monitoring)
- Feeding
- Higher order multiple pregnancies (counselling, community care)

Malpresentation:

- Types (breech, brow, face, shoulder, variable lie)
- Diagnosis
- Management (antenatal, intrapartum)
- Mode of delivery

Hypotensive disorders:

- Hypovolaemia
- Sepsis
- Neurogenic shock
- Cardiogenic shock
- Anaphylaxis
- Trauma
- Amniotic fluid embolism
- Thromboembolism
- Uterine inversion

Fetal haemolysis:

Relevant antigen-antibody systems

- Miscarriage
- Molecular genetics (DNA transcription, DNA translation, DNA blotting techniques, gene amplification techniques, principles of gene tracking)
- Counselling (history taking, pedigree analysis)
- Population screening (genetic disease, congenital malformations)
- Antenatal diagnosis (chromosomal defects, inborn errors of metabolism, neural tube defects, other major structural abnormalities)
- Management [referral to specialist team, antenatal intervention, delivery, neonatal investigation, neonatal care (medical, surgical)]

Prolonged pregnancy:

- Risks
- Fetal monitoring
- Delivery (indications, methods)
- Pregnancy induced hypertension:

Definitions

- Aetiological theories
- Prophylaxis
- Assessment of severity
- Consultation
- Therapy
- Delivery (timing, method)
- Complications (eclampsia, renal, haemorrhagic, hepatic, fetal)

Congenital malformation:

- Screening
- Amniotic fluid volume (polyhydramnios, oligohydramnios)
- Management: diagnosis, consultation, viability, delivery (time, place, method), counselling
- Specific abnormalities:
- Head (anencephaly, microcephaly, encephalocele, hydrocephalus, hydranencephaly, holoprosencephaly)
- Skeleton (spina bifida, phocomelia, chondrodysplasia, intrauterine amputation)
- Heart (major defects, other defects)
- Lungs (pulmonary hypoplasia)
- Urinary (renal agenesis, polycystic kidneys, urinary tract obstruction)
- Genital (intersex, genital tract abnormalities, ovarian cyst)
- Gastro-intestinal (abdominal wall defects, oesophageal atresia, duodenal atresia, diaphragmatic hernia, bowel obstruction)
- Cystic Hygroma
- Other fetal disorders: Non-Haemolytic hydrops fetalis, Tumours, Pleural effusion, Fetal Bleeding

- Prevention
- Fetal pathology
- Diagnosis
- Assessment of severity
- Intrauterine transfusion (indications, techniques, referral)
- Delivery (timing, method)
- Counselling

Social and cultural factors:

- Effect upon pregnancy outcome
- Single parenthood
- Teenage motherhood
- Parent-baby relationships (factors promoting, factors interfering)
- Bereavement counselling
- Counsel women appropriately about defibulation

Techniques of fetal anomaly scanning and non-invasive fetal diagnosis:

- Use of nuchal translucency measurements to identify fetuses at high risk of Down's syndrome
- Combination of ultrasound and other risk markers to create an individualised risk profile for each patient

Invasive procedures:

- Amniocentesis
- Chorionic villus sampling
- Placentesis
- Cordocentesis

Appraisal of Competencies:

Care Madula & Laghaalt	Competence Level							
Core Module 8 Logbook	Level 1		Level 2			Level 3		
	Date	Signature	Date	Signature	Date	Signature		
Conduct a booking visit								
Conduct a follow up visit								
Arrange appropriate investigations								
Assess fetal wellbeing by interpretation of:								
Maternal history								
CTG								
Ultrasound assessment								
Manage:								
Oligohydramnios/polyhydramnios								
Growth restriction								
Multiple pregnancy								
Malpresentation								
Reduced fetal movements								

Care Madula & Laghank	Competence Level							
Core Module 8 Logbook	Level 1		Level 2			Level 3		
	Date	Signature	Date	Signature	Date	Signature		
Care of woman diagnosed with a stillbirth								
Prolonged pregnancy								
Drug and alcohol problems in pregnancy								
Domestic Violence								
Common infections in pregnancy (UTI, parvovirus, varicella)								
Rarer infections (e.g. HIV, CMV)								
Preterm premature rupture of the membranes								
Antepartum haemorrhage								
External cephalic version								
Insertion of cervical cerclage								
Counsel about:								
Screening for Down syndrome								
Screening for other fetal abnormalities								

Core Module 8 Logbook	Competence Level							
	Level 1			Level 2		Level 3		
	Date	Signature	Date	Signature	Date	Signature		
Able to discuss risks of stillbirth								
Haemolytic disease of the newborn								
Mode of delivery after caesarean section								
Cervical cerclage								
Defibulation as appropriate in cases of female genital mutilation								

Training Courses or Sessions		
Title	Specialist/Consultant Signature	Date
CTG Intrepretation		
Basic Ultrasound Course		

COMPLETION OF MODULE 8	

COMPLETION OF MODULE 8 I confirm that all components of the module have been successfully completed					
Name and Signature of	Name and Signature of Trainee				
Specialist/Consultant					

Core Module 9: Maternal Medicine

Learning Outcomes:

- To understand and demonstrate appropriate knowledge, skills and attitudes in relation to maternal medicine.
- To develop the ability to recognise the normal from abnormal and to investigate and manage appropriately, modifying the plan of management as may be necessary
- To develop the skills to liaise effectively with colleagues within the discipline, as well as those in other disciplines, both clinical and non-clinical.

Recommended Resources:

- (i) NICE guidelines
 - a. Diabetes in pregnancy (CG63)
 - b. Hypertension in pregnancy (CG107)
- (ii) StratOG.net
 - a. Cardiac disease eTutorial
 - b. Neurological disorders eTutorial
 - c. Liver and gastrointestinal disease eTutorial
 - d. Haematological disorders eTutorial
 - e. Neoplasia in pregnancy eTutorial
 - f. Infectious diseases eTutorial
 - g. Diabetes and other endocrinopathies eTutorial
 - h. Pre-eclampsia eTutorial
 - i. Principles of antenatal care eTutorial
 - i. Thromboembolism eTutorial
 - k. Intrapartum management of pre-eclampsia eTutorial
 - 1. Connective tissue bone and joint disease eTutorial
 - m. Perinatal mental health eTutorial

(iii)Green-top Guidelines

- a. Management of gestational trophoblastic neoplasia (Green-top Guideline 38)
- b. Late Intrauterine Fetal Death and Stillbirth (Green-top Guideline 55)
- c. The prevention of malaria in pregnancy (Green-top Guideline 54A)
- d. The diagnosis and treatment of malaria in pregnancy (Green-top Guideline 54B)
- (iv)Relevant The Obstetrician and Gynaecologist (TOG) journals
- (v) Handbook of Obstetric Medicine Catherine Nelson Piercy
- (vi)British Maternal and Fetal Medicine Society website
- (vii) Local and regional courses
- (viii) Antenatal clinics reviewing patients with medical disorders, with and without medical colleagues

Module 9 – Details of Knowledge Criteria

Understand the epidemiology, aetiology, pathophysiology, clinical characteristics, prognostic features and management of the prevalence and risks associated with the conditions stated below:

Hypertension:

- Definitions
- Aetiological theories
- Organ involvement (mother, fetus)
- Diagnosis
- Drug therapy

Kidney disease:

- Urinary tract infection
- Pyelonephritis
- Chronic renal disease
- Renal stones
- Transplantation
- Acute renal failure

Pulmonary diseases:

- Asthma
- Infection
- Embolism
- Aspiration syndrome

Neurological disorders:

- Epilepsy
- Cerebrovascular disease
- Multiple sclerosis
- Migraine
- Neuropathies
- Myasthenia gravis
- Paraplegia

Bone and joint disorders:

- Back pain
- Pelvic girdle dysfunction
- Chronic arthritis

Perinatal mental health:

 Perinatal mental health services and the referral process and an awareness of different treatment modalities (e.g. counselling/support groups etc

Heart disease:

- Congenital
- Rheumatic
- Ischaemic
- Cardiomyopathy
- Heart failure

Liver disease:

- Cholestasis
- Hepatitis
- Acute fatty degeneration
- Gall stones

Circulatory disorders:

- Coagulation defects
- Thrombocytopenias
- Thromboembolism
- Transfusion
- Replacement of blood constituents
- Varicose veins (legs, vulva, haemorrhoids)

Haemoglobinopathies

- Anaemia
- Sickle cell disease
- Thalassaemias

Connective tissue diseases:

- Systemic lupus erythematosus
- Rheumatoid arthritis
- Immunosupressant drugs

Disorders of carbohydrate metabolism:

- Diagnosis
- Gestational diabetes
- Type 1 and Type 2 diabetes
- Hazards (maternal, fetal, neonatal)
- Ketoacidosis
- Drugs (insulins, oral hypoglycaemic agents and pregnancy)

- Psychiatric assessment: history taking, mental state examination and risk assessment
- Managing perinatal health emergencies
- Depression in pregnancy, postnatal depression and the relevant treatments
- Anxiety disorders including tokophobia and PTSD
- Psychotic disorders: puerperal psychosis, bipolar disorder and schizophrenia
- Eating disorders: anorexia nervosa, bulimia nervosa
- Personality disorders
- Use of medications in pregnancy: antenatal and postnatal and the benefits and risks

Gastrointestinal disorders:

- Nausea
- Vomiting
- Hyperemesis
- Gastric reflux
- Abdominal pain
- Appendicitis
- Inflammatory bowel disease
- Intestinal obstruction

Neoplasia

- Principles of pregnancy management following malignancy including breast cancer
- Principles of pregnancy management with new diagnosis of malignancy including breast cancer

Endocrinopathies:

- Thyroid (diagnosis, assessment, antibodies, therapy, fetal hazards)
- Adrenal (Addison's disease, acute adrenal failure, congenital adrenal hyperplasia, phaeochromacytoma)
- Pituitary (prolactinoma, hypopituitarism, diabetes insipidus)

Infectious diseases:

- Investigation of pyrexia
- Serological tests
- Principles (prevention, detection, isolation)
- Therapy (prophylaxis, immunization, antibiotics, antiviral agents)
- Maternal (preterm premature rupture of membranes, preterm labour, chorioamnionitis, puerperal sepsis, mastitis, urinary tract infection, wound infections, septic shock, malaria, other tropical infections and infestations)
- Fetus and neonate (streptococcus, gonococcus, syphilis, toxoplasma, listeria, haemophilus, chlamydia, mycoplasma, ureaplasma, herpes hominis, rubella, cytomegalovirus, varicella, hepatitis A, hepatitis B, hepatitis C, parvovirus, influenza, human immunodeficiency virus, neonatal sepsis)

Maternal complications due to pregnancy:

- Antepartum haemorrhage
- Amniotic fluid embolism
- Sheehan's syndrome

Appraisal of Competencies

Care Madula 0 Laghash	Competence Level							
Core Module 9 Logbook	Level 1		Level 2			Level 3		
	Date	Signature	Date	Signature	Date	Signature		
Diagnose, investigate and manage antenat	ally with appro	priate consultation	:					
Chronic hypertension								
Gestational hypertension								
Pre eclampsia								
Severe hypertension/pre-eclampsia								
HELLP syndrome								
Eclampsia								
Acute pyelonephritis								
Renal stones								
Chronic renal disease								
Renal disease – transplantation								
Cardiac disease – congenital heart disease								
Cardiac disease – rheumatic heart disease								

	Competence Level							
Core Module 9 Logbook	Level 1		Level 2			Level 3		
	Date	Signature	Date	Signature	Date	Signature		
Cardiac disease – ischaemic heart disease								
Cardiac disease – arrhythmia								
Cardiac disease – peripartum cardiomyopathy								
Liver disease – obstetric cholestasis								
Liver disease – acute fatty liver of pregnancy								
Respiratory disease – asthma								
Respiratory disease – TB								
Respiratory disease – acute respiratory distress syndrome								
Gastrointestinal disease – chronic inflammatory bowel								
Disease Gastrointestinal disease – gallstones								
Gastronicstnar disease – ganstones								
Gastrointestinal disease – reflux oesophagitis								
Gastrointestinal disease – hyperemesis gravidarum								
Gestational diabetes								

Core Module 9 Logbook	Competence Level							
	Level 1		Level 2			Level 3		
	Date	Signature	Date	Signature	Date	Signature		
Insulin-dependent diabetes-use of sliding scale								
Insulin-dependent diabetes- complications								
Hypothyroidism								
Hyperthyroidism								
Microprolactinoma								
Neurological disease – epilepsy								
Neurological disease – migraine								
Neurological disease – multiple sclerosis								
Neurological disease – Bell's palsy								
Neurological disease – carpel tunnel syndrome								
Systemic lupus erythematosus								
Antiphospholipid syndrome (APLS)								
Sickle cell disease & other haemoglobinopathies								

Core Module 9 Logbook	Competence Level							
	Level 1		Level 2			Level 3		
	Date	Signature	Date	Signature	Date	Signature		
Haemophilia & von Willebrand's disease								
Thrombocytopaenias								
Previous deep vein thrombosis								
Thrombophilias								
Acute DVT								
Pulmonary embolism								
Perinatal mental health: planning of antenatal/intrapartum care including emergency								
Perinatal mental health: planning of postnatal care								
Perinatal mental health: appropriate MDT management of acute events								
Perinatal mental health: knowledge of relevant pharmacology								
Skin disease – eczema								
Skin disease – polymorphic eruption of pregnancy								
Non-gynaecological malignancy								

Core Module 9 Logbook	Competence Level						
	Level 1		Level 2		Level 3		
	Date	Signature	Date	Signature	Date	Signature	
HIV							

Training Courses or Sessions		
Title	Specialist/Consultant Signature	Date

COMPLETION OF MODULE 9 I confirm that all components of the module have been successfully completed						
1 confirm that all components of the modul	e nave been successfully completed					
Name and Signature of Trainee						
Specialist/Consultant						

Core Module 10: Management of Labour

Learning Outcomes:

- To understand and demonstrate appropriate knowledge, skills and attitudes in relation to labour.
- Demonstrate appropriate use of protocols and guidelines, to aptly prioritise cases and to supervise the goings-on in the labour ward
- Display respect and sensitivity to parturients and colleagues
- Recognise personal limitations and the need to refer appropriately
- Keep accurate contemporaneous records and to ensure prompt post-incident report is completed when necessary
- Effective communication at an intra- and inter-departmental level

- (i) NICE Guidelines Intrapartum care (CG190)
- (ii) StratOG.net:
 - a. Mechanisms of normal labour and delivery eTutorial
 - b. Induction of labour and prolonged pregnancy eTutorial
 - c. Assessment of progress in labour eTutorial
 - d. Introduction to emergency situations eTutorial
 - e. Assessment of fetal wellbeing eTutorial
 - f. Obstetric analgesia and anaesthesia eTutorial
 - g. Preterm labour eTutorial
 - h. Intrapartum management of pre-eclampsia eTutorial
 - i. Vaginal breech eTutorial
 - j. Antepartum haemorrhage eTutorial
 - k. Intrauterine fetal death eTutorial
 - 1. Liver and gastrointestinal disease eTutorial
 - m. Electronic Fetal Monitoring online resource
- (iii) Green-top Guidelines
 - a. Birth after previous caesarean birth (Green-top Guideline 45)
 - b. Blood transfusions in obstetrics (Green-top Guideline 47)
 - c. External cephalic version and reducing the incidence of breech presentation (Green-top Guideline 20a)
 - d. Management of breech presentation (Green-top Guideline 20b)
 - e. Maternal Collapse in Pregnancy and the Puerperium (Green-top Guideline 56)
 - f. Obtaining Valid Consent to Participate in Research Whilst in Labour (Clinical Governance Advice 6a)
 - g. Placenta Praevia, Placenta Praevia Accreta and Vasa Praevia: Diagnosis and Management (Green-top Guideline 27)
 - h. Preterm Prelabour Rupture of Membranes (Green-top Guideline 44)
 - i. Shoulder Dystocia (Green-top Guideline 42)
 - j. The Management of Tubal Pregnancy (Green-top Guideline 21)

- k. Tocolytic Drugs for Women in Preterm Labour (Green-top Guideline 1B)
- 1. Umbilical Cord Prolapse (Green-top Guideline 50)
- (iv) Relevant The Obstetrician and Gynaecologist journals
- (v) Labour ward Emergency drills
- (vi) Advanced Life Support in Obstetrics (ALSO) Courses
- (vii) Perinatal mortality and morbidity meetings
- (viii) Labour ward team drill for obstetric emergencies
- (ix) Communication skills and Breaking bad news sessions

Module 10: Management of Labour

- Mechanisms of normal and abnormal labour
- Mechanism of spontaneous vaginal delivery
- Methods of induction of labour; indications, contraindications and complications
- Methods of augmentation of labour; indications, contra-indications and complications
- Drugs acting upon the myometrium and cervix
- Structure and use of partograms
- Fluid balance in labour
- Transfusion
- Types and methods of action of regional anaesthesia including epidural (lumbar, caudal), spinal, pudendal nerve block; indications and contra-indications
- Types and methods of action of analgesia and sedation including narcotics, hypnotics, psychotropics, non-steroidal anti-inflammatory drugs; indications, contra-indications
- Complications of anaesthesia and analgesia including cardiac arrest, respiratory arrest, aspiration, drug reactions
- Assessment of fetal wellbeing using fetal heart rate monitoring, acid/base balance, and fetal scalp blood sampling
- Causes and management of fetal compromise including cord prolapse and intra-uterine fetal death
- IUFD legalities regarding registration and disposal of fetal tissue
- Causes and management of prolonged labour
- Causes and management of maternal collapse including massive haemorrhage, cardiac problems, pulmonary and amniotic embolism, drug reactions, trauma
- Emergency guidelines and procedures
- Ante andintra partum haemorrhage including, placenta praevia, vasa praevia, ruptured uterus, coagulation defects, iatrogenic causes
- Causes, mechanisms of action and complications of pre-term labour/ premature rupture of membranes including fetal pulmonary maturity, infection risks
- Preterm labour including therapy (antibiotics, steroids, tocolysis), consultation with neonatologists, in-utero transfer, methods of delivery (induction of labour, timing, mode), outcomes, risks
- Role and types of cervical cerclage
- Multiple pregnancy in labour
- Severe pre-eclampsia and Eclampsia
- Placental abruption

Appraisal of Competencies:

Core Module 10 Logbook	Competence Level							
	Level 1		Level 2			Level 3		
	Date	Signature	Date	Signature	Date	Signature		
Induce labour								
Manage delay in first labour								
Manage delay in second stage of labour								
Advise on pain relief								
Interpret CTG								
Perform fetal blood sampling								
Manage fetal acidaemia								
Manage preterm labour and delivery								
Manage labour after previous caesarean section								
Management of the breech in labour (excluding delivery)								
Management of transverse lie in labour (excluding delivery)								
Cord prolapse								

Core Module 10 Logbook	Competence Level							
	Level 1		Level 2			Level 3		
	Date	Signature	Date	Signature	Date	Signature		
Manage severe pre-eclampsia in labour								
Manage eclampsia in labour								
Manage HELLP in labour								
Manage obstetric antepartum haemorrhage								
Safe use of blood products								
Manage obstetrical collapse								
Manage intrauterine infection								
Prioritise labour ward problems								
Evaluate clinical risk								
Coordinate and run labour ward								
Liaise with other staff								
Manage in utero transfer								
Manage in utero fetal death								

Objective Structured Assessment of	Date	Date	Date	
Technical Skills (OSATS) on Fetal				
Blood Sampling				
(OSATS Assessment form available				
in Appendices)	Signature	Signature	Signature	

Training Courses or Sessions		
Title	Specialist/Consultant Signature	Date
Drill for Obstetric Collapse and Obstetric Emergencies		
Advance Life Support in Obstetrics		

COMPLETION OF MODULE 10 I confirm that all components of the module have been successfully completed						
Name and Signature of Trainee						
Specialist/Consultant						

Core Module 11: Management of Delivery

Learning Outcomes:

- To understand and demonstrate appropriate knowledge, skills and attitudes in relation to delivery.
- Make appropriate decisions in the choice of delivery in partnership with the mother and respect the views of other healthcare workers
- Be aware of cultural diversity and the emotional implications for women, families and staff.
- Respect confidentiality, privacy and individual dignity, while emphasizing on patient safety
- Ability to communicate clearly and effectively in the face of stress, demonstrating team management and leadership skills
- OSATS: Operative vaginal delivery, Caesarean section and Manual Removal of Placenta

- (i) NICE Guidelines
 - a. Caesarean section (CG132)
 - b. Induction of labour (CG70)
 - c. Intrapartum care (CG190)
- (ii) StratOG.net
 - a. Antepartum haemorrhage eTutorial
 - b. Assessment of progress in labour eTutorial
 - c. Caesarean section eTutorial
 - d. Forceps and ventouse eTutorial
 - e. Intrapartum management of multiple pregnancy eTutorial
 - f. Introduction to emergency situations eTutorial
 - g. Mechanisms of normal labour and delivery eTutorial
 - h. The Postpartum Period eTutorial
 - i. EaSi (eLearning and Simulation for Instrumental Delivery)
 - j. MaternityPEARLS (Perineal Assessment and Repair eLearning System)
- (iii) Green-top Guidelines
 - a. Blood transfusions in obstetrics (Green-top Guideline 47)
 - b. External cephalic version and reducing the incidence of breech presentation (Green-top Guideline 20a)
 - c. Management of breech presentation (Green-top Guideline 20b)
 - d. Maternal Collapse in Pregnancy and the Puerperium (Green-top Guideline 56)
 - e. Operative Vaginal Delivery (Green-top Guideline 26)
 - f. Placenta Praevia, Placenta Praevia Accreta and Vasa Praevia: Diagnosis and Management (Green-top Guideline 27)
 - g. Preterm Prelabour Rupture of Membranes (Green-top Guideline 44)

- h. The Management of Third- and Fourth-degree Perineal Tears (Green-top Guideline 29)
- i. Umbilical Cord Prolapse (Green-top Guideline 50)
- (iv) Relevant The Obstetrician and Gynaecologist Journals
- (v) British Maternal and Fetal Medicine Society website
- (vi) Local Protocols, Labour ward drills, ALSO course

Curriculum Module 11: details of knowledge criteria

Operative/complex vaginal delivery:

- Malpresentation (brow, face, shoulder, variable lie)
- Malpositions
- Manual rotation of the fetal head
- Outlet forceps/ventouse
- Mid-cavity forceps/ventouse
- Rotational forceps/ventouse
- Pelvic floor anatomy
- Episiotomy
- Perineal trauma and repair
- Female genital Mutilation
- Assisted breech delivery
- Breech extraction
- Twin delivery
- High order multiple births
- Shoulder dystocia
- Caesarean section
 - Indications for and complications of caesarean section
 - Routine/Repeat/Acute Emergency Sterilisation Procedures

Anaesthesia:

- General anaesthesia
- Regional anaesthesia
- Induction agents
- Inhalation agents
- Prophylactic measures
- Complications

The unconscious patient

Resuscitation

Intensive care

Appraisal Of Competencies:

Carra Madala 11 Fash a L	Competence Level							
Core Module 11 Logbook	Level 1		Level 2			Level 3		
	Date	Signature	Date	Signature	Date	Signature		
Normal delivery								
Shoulder dystocia								
Ventouse extraction without rotation								
Uncomplicated acute/elective caesarean section								
Repeat caesarean section (two or more previous sections)								
Retained placenta								
Cord prolapse								
Forceps delivery without rotation								
Caesarean section with sterilisation								
Vaginal delivery of twins								
Preterm (< 28 weeks) caesarean section								
Rotational assisted ventouse delivery								

Core Module 11 Logbook	Competence Level						
	Level 1		Level 2		Level 3		
	Date	Signature	Date	Signature	Date	Signature	
Procedure of defibulation in cases of female genital mutilation							
Complex emergency caesarean section							
Caesarean section for placenta praevia							
Caesarean section after failed instrumental delivery							
Caesarean section at full dilation							
Recognise undiagnosed breech							
Vaginal breech delivery							
Delivery with fetal malpresentation (a) Delivery with face presentation							
(b) Delivery with compound presentation							
(c) Delivery with shoulder presentation/transverse lie							
Uterine rupture (a) Uncomplicated uterine scar dehiscence/rupture							
(b) Complicated uterine rupture							

Objective Structured Assessment of Technical Skills (OSATS) on:	(OSATS Assessment form available in Appendices)				
Operative vaginal delivery (non- rotational forceps)	Date	Date	Date		
	Signature	Signature	Signature		
Operative vaginal delivery (non- rotational vacuum)	Date	Date	Date		
	Signature	Signature	Signature		
Operative vaginal delivery (rotational vacuum)	Date	Date	Date		
	Signature	Signature	Signature		

Caesarean Section	Date	Date	Date
	Signature	Signature	Signature
Manual Removal of Placenta	Date	Date	Date
	Signature	Signature	Signature

Training Courses or Sessions					
Title	Special Signate	list/Consultant ure	Date		
Obstetric Emergencies					

COMPLETION OF MODULE 11 I confirm that all components of the module have been successfully completed					
Name and Signature of	Name and Signature of Trainee				
Specialist/Consultant	_				

Core Module 12: Postpartum Problems (The Puerperium)

Learning Outcomes:

- To understand and demonstrate appropriate knowledge, skills and attitudes in relation to postpartum and neonatal problems
- Demonstrate empathy and the ability to effectively communicate with, counsel and manage women with postpartum complications, including perinatal loss and perinatal mental health problems
- Understand the roles of other healthcare professionals (Social workers, psychiatrists, physiotherapists etc.
- Be familiar with Baby Friendly Hospital Initiative (BFHI) and Neonatal Resuscitation Program (NRP)

- (i) Nice Guidelines
 - a. Postnatal care (CG37)
 - b. Weight management before, during and after pregnancy (PH27)
- (ii) StratOG.net
 - a. Assessment of the newborn and common neonatal problems eTutorial
 - b. Haematological disorders eTutorial
 - c. Infectious diseases eTutorial
 - d. Perioperative trauma eTutorial
 - e. Postpartum haemorrhage eTutorial
 - f. Postpartum sepsis eTutorial
 - g. Sequelae of hypoxia eTutorial
 - h. The postpartum period eTutorial
 - i. Thromboembolism eTutorial
 - j. Perinatal mental health in development at time of publication
- (iii) Relevant Green-top Guidelines
 - a. Initial mangement of chronic pelvic pain (Green-top 41)
 - b. Long-term Consequences of Polycystic Ovary Syndrome (Green-top 33)
 - c. Management of Premenstrual Syndrome (Green-top 48)
 - d. Ovarian Cysts in Postmenopausal Women (Green-top 34)
- (iv) Relevant The Obstetrician and Gynaecologist Journals
- (v) GMC guidance. End of life care: Neonates and infants GMC website
- (vi) Surviving Sepsis Guidelines
- (vii) Labour ward team drills
- (viii) Postnatal ward Management
- (ix) Perinatal Mortality and morbidity meetings

Appendix to Module 12: details of knowledge criteria

Epidemiology, aetiology, pathogenesis, recognition, diagnosis, prevention, management, complication, prognosis regarding:

- uterine involution
- bleeding including placenta accreta, atonic uterus,
- retained placenta, retained products of conception
- pyrexia
- infections
- maternal collapse including massive haemorrhage, cardiac problems, pulmonary and amniotic embolism, drug reactions, trauma
- thromboembolism
- lactation (inadequate, suppression)
- medical disorders (diabetes mellitus, renal disease, cardiac disease)
- postnatal review
- contraception

Techniques for the control of haemorrhage:

- manual removal of placenta
- bimanual compression of uterus
- exploration of genital tract
- cervical laceration (identification and repair)
- drug management
- balloon tamponade of uterus
- laparotomy including B Lynch stitch
- radiological embolisation
- ligation of internal iliac arteries
- caesarean hysterectomy

Perineal surgery:

Repair of episiotomy, second- third- fourth- degree laceration

Postpartum complications, including pathophysiology, diagnosis, management and prognosis in puerperal psychological disorders (blues, depression), mood disorders, reactions to pregnancy loss

Puerperal sepsis, mastisis, urinary tract infection

Breast cancer

Sequelae of obstetric events:

- antenatal
- intrapartum

Recognition of normality:

- postnatal management
- clinical evaluation

Resuscitation of newborn:

- collapse
- primary apnoea
- secondary apnoea
- ventilation
- effect of maternal drugs
- cardiac massage
- umbilical catheterisation
- volume replacement
- temperature control
- acid/base status

Common problems (aetiology, management sequelae):

- respiratory distress
- hyperbilirubinaemia
- infection
- seizures
- hypoglycaemia
- hypothermia
- heart disease
- intracranial haemorrhage
- necrotizing enterocolitis
- the preterm infant
- the growth restricted infant
- congenital anomalies
- syndromes
- cerebral palsy

Feeding:

- breast (advantages, promotion, techniques)
- artificial (formulae, techniques)

C. W. L. L. 12 L. L. L.	Competence Level					
Core Module 12 Logbook	Level 1		Level 2			Level 3
	Date	Signature	Date	Signature	Date	Signature
Conduct a postnatal consultation						
Bladder dysfunction						
Bowel dysfunction						
Primary postpartum haemorrhage						
Secondary postpartum haemorrhage						
Intra-abdominal haemorrhage (a) Obstetric (eg broad ligament haematoma, post C-section)						
(b) Non-obstetric (e.g. liver capsule rupture, splenic artery aneurysm)						
Management of Massive Obstetric Haemorrhage						
Acute maternal collapse						
Perineal and vaginal tears						
Damage to rectum and to anal sphincters (a) Repair 3 rd degree tears						
(b) Repair 4 th degree tears						

Cana Madula 12 Laghagh	Competence Level						
Core Module 12 Logbook	Level 1			Level 2		Level 3	
	Date	Signature	Date	Signature	Date	Signature	
Immediate resuscitation of neonate							
Puerperal sepsis							
Perinatal mental health in postpartum period							
Contraceptive advice							
Breast problems							
Management of mastitis							
Management of thromboembolic problems							

Objective Structured Assessment of Technical Skills (OSATS) on:	(OSATS Assessment form available in Appendices)					
Perineal Repair	Date		Date		Date	
	Signature		Signature		Signature	

Specialist/Consultant Signature	Date

COMPLETION OF MODULE 12				
I confirm that all components of the modul	e have been successfully completed			
Name and Signature of	Name and Signature of Trainee			
Specialist/Consultant				

Core Module 13: Gynaecological Problems

Learning Outcomes:

- To understand and demonstrate appropriate knowledge, skills and attitudes in relation to common gynaecological disorders.
- To understand paediatric and adolescent gynaecological disorders.
- To demonstrate the ability to communicate prognosis and counsel patients sensitively about available options
- Demonstrate an understanding of the use of appropriate referral pathways and local protocols in managing gynaecological disorders
- Demonstrate the necessary skillset to explain the nature, complications and adverse effects of medical and surgical treatments

- (i) Relevant NICE Guidelines
 - a. Heavy menstrual bleeding (CG44)
 - b. Menopause: Diagnosis and management (NG23)
- (ii) StratOG.net: Gynaecological problems and early pregnancy loss e-tutorial
 - a. Abnormal uterine bleeding eTutorial
 - b. Premenstrual disorders eTutorial
 - c. Management of climacteric problems eTutorial
 - d. Causes and management of amenorrhoea eTutorial
 - e. Uterine and tubal factor infertility eTutorial
 - f. Pelvic pain eTutorial
 - g. Benign vulval problems eTutorial
 - h. Gynaecological emergencies eTutorial
 - i. Gynaecological problems and early pregnancy loss eTutorial
 - j. Basic Laparoscopic Surgery resource
- (iii) Green-top Guidelines
 - a. Initial management of chronic pelvic pain (Green-top Guideline 41)
 - b. Ovarian Cysts in Postmenopausal Women (Green-top Guideline 34)
 - c. Long-term Consequences of Polycystic Ovary Syndrome (Green-top Guideline 33)
 - d. Management of Premenstrual Syndrome (Green-top Guideline 48)
 - e. Vulval Skin Disorders (Green-top Guideline 58)
- (iv) Relevant The Obstetrician and Gynaecologist Journals
- (v) Use of low fidelity (box) trainers or virtual reality (VR) simulation to enhance psychomotor skills
- (vi) Supervised clinic/surgical sessions
- (vii) Relevant local/international courses and workshops

Core Module 13 Logbook	Compet	ence Level				
Core Module 13 Logobook	Level 1		Level 2		Level 3	
	Date	Signature	Date	Signature	Date	Signature
Diagnose, investigate and manage the following	clinical p	oroblems:	1		1	
Menstrual disorders:						
Menstrual irregularity						
Excessive menstrual loss						
Premenstrual syndrome						
Amenorrhoea/oligomenorrhoea						
Dysmenorrhoea						
Pelvic pain:	Pelvic pain:					
Dyspareunia						
Endometriosis (medical management)						
Endometriosis (surgical management)						
Pelvic inflammatory disease						

Com Madada 12 Laghada	Competence Level					
Core Module 13 Logbook		Level 1	Level 2		Level 3	
	Date	Signature	Date	Signature	Date	Signature
Non-gynaecological disorder s						
Problems of the climacteric:						
Postmenopausal bleeding						
Hormone replacement therapy						
Others:						
Benign ovarian cysts						
Vaginal discharge						
Fibroids						
Hirsutism						
Pruritus vulvae						
Vulval pain						

Objective Structured Assessment Technical Skills (OSATS) on:	t of		
Diagnostic Laparoscopy	Date	Date	Date
	Signature	Signature	Signature
Cystectomy	Date	Date	Date
	Signature	Signature	Signature
Hysterectomy	Date	Date	Date
	Signature	Signature	Signature
Diagnostic Hysteroscopy	Date	Date	Date
	Signature	Signature	Signature
Diagnostic Hysteroscopy			

Specialist/Consultant Signature	Date
	Specialist/Consultant Signature

COMPLETION OF MODULE 13 I confirm that all components of the module have been successfully completed				
Name and Signature of	Name and Signature of Trainee			
Specialist/Consultant				

Core Module 14: Subfertility

Learning Outcomes:

- To understand and demonstrate appropriate knowledge, skills and attitudes in relation to subfertility
- Shows an appreciation of the importance of psychological factors for women and their partners, demonstrating respect for a couple's dignity and confidentiality
- Shows the ability to acknowledge cultural issues and the issues relating to same sex partnerships and single parenthood
- Demonstrates the ability to liaise effectively with colleagues in other disciplines, clinical and non-clinical

- (i) NICE Guideline Fertility (CG56)
- (ii) StratOG.net
 - a. Assisted reproduction eTutorial
 - b. Epidemiology, ethical and legal issues of subfertility eTutorial
 - c. Male infertility eTutorial
 - d. Ovulatory dysfunction eTutorial
 - e. Unexplained infertility eTutorial
 - f. Uterine and tubal factor infertility eTutorial
- (iii) Green-top Guideline
 - a. Management of Ovarian Hyperstimulation Syndrome (Green-top Guideline 5)
- (iv) Relevant The Obstetrician and Gynaecologist journals
- (v) ESHRE guideline on endometriosis
- (vi) Subfertility clinics and assisted reproduction sessions
- (vii) British Fertility Society Website
- (viii) Human Fertilisation and Embryology Act 1991
- (ix) Use of low fidelity (box) trainers or virtual reality (VR) simulation to enhance psychomotor skills

Cove Medule 14 Leaback	Competence Level						
Core Module 14 Logbook		Level 1		Level 2		Level 3	
	Date	Signature	Date	Signature	Date	Signature	
Take history from couple							
Investigate female subfertility							
Interpret semen analysis							
Manage anovulation							
Investigate tubal function							
Counsel about management options							

Objective Structured Assessment of Technical Skills (OSATS) on:	OSATS Assessment form available in Appendices					
Laparoscopic Ovarian Drilling	Date	Date	Date			
	Signature	Signature	Signature			
Laparoscopic Ablation of Endometroitic Spots	Date	Date	Date			
	Signature	Signature	Signature			
Intrauterine Insemination	Date	Date	Date			
	Signature	Signature	Signature			

Training Courses or Sessions						
Title	Specialist/Consultan Signature	t Date				
Assisted Reproduction						

COMPLETION OF MODULE 14 I confirm that all components of the module have been successfully completed						
Name and Signature of	Name and Signature of Trainee					
Specialist/Consultant						

<u>Core Module 15: Sexual and Reproductive Health</u> (Contraception, Termination of Pregnancy, Sexually Transmitted Infections (STIs) and HIV, Sexual Problems)

Learning Outcomes:

- To understand and demonstrate appropriate knowledge, skills and attitudes in relation to fertility control (Contraception and termination of pregnancy and management of STIs including HIV and sexual dysfunction.)
- Demonstrates empathy for patients and an understanding for the need to respect cultural and religious diversity in protecting women's rights, dignity and confidentiality whilst providing appropriate information and advice
- Understands the psychosocial impact of STIs and living with HIV and AIDS, including the support systems available for patients
- Understands the needs to work in a multidisciplinary network in managing the sexual and reproductive health of women (counsellors, social workers,
 GUM specialists, volunteer/support groups etc.) and demonstrates the ability to counsel women effectively on the possible long term consequences of
 sexually transmitted infections.
- Aware of GMC Good Medical Practice and Duties of a Doctor publications and their implications for doctors in practice, including the BMA/GMC guidance for doctors with conscientious objections to abortion

- (i) NICE Guideline Ectopic pregnancy and miscarriage (154)
- (ii) StratOG.net: Sexual and Reproductive Health e-tutorials
 - a. Ethical and legal issues eTutorial
 - b. Fertility control and contraception eTutorial
 - c. Psychosexual disorders eTutorial
 - d. Sexually transmitted infections (including HIV) eTutorial
 - e. Uterine and tubal factor infertility eTutorial
- (iii) Faculty of Sexual and Reproductive Health (FSRH) website
- (iv) Green-top Guideline Female genital mutilation and its management (Green-top Guideline 53)
- (v) Relevant The Obstetrician and Gynaecologist Journals
- (vi) RCOG Best Practice Papers:
 - a. Best practice in postpartum family planning (Best Practice Paper No. 1)
 - b. Best practice in comprehensive abortion care (Best Practice Paper No. 2)
- (vii) British Association for Sexual Health and HIV (BASHH) website
- (viii) British HIV Association website
- (ix) Family Planning/GUM clinic sessions/courses/workshops

Care Madule 15 Laghack	Competence Level							
Core Module 15 Logbook		Level 1		Level 2		Level 3		
	Date	Signature	Date	Signature	Date	Signature		
Identify, discuss and manage the following	issues:							
A sexual health risk assessment								
A request for contraception:								
Discuss and inform, regarding all options								
Provide:								
Reversible contraception								
Emergency contraception: hormonal								
Emergency contraception: intrauterine								
Permanent (female only, surgical)								
Unplanned pregnancy:								
Outpatient consultation and referral								
Early medical termination of pregnancy								
Late medical termination of pregnancy								

Care Madula 15 Laghaalz	Competence Level						
Core Module 15 Logbook	Level 1		Level 2			Level 3	
	Date	Signature	Date	Signature	Date	Signature	
Early surgical termination of pregnancy							
Late surgical termination of pregnancy							
Post-procedure follow-up consultation							
STIs including HIV/AIDS:							
Diagnosis and management of the common STIs							
Chlamydia screening and treatment							
Explain the principles of partner notification							
Perform an HIV risk assessment							
Psychosexual problems							
Take a history from individual/couple							
Plan initial management/know when to refer							

Objective Structured Assessment of Technical Skills (OSATS) on:	OSATS Assessment form available in Appendices					
Mirena/IUCD Insertion	Date	Date	Date			
	Signature	Signature	Signature			
Implanon Insertion	Date	Date	Date			
	Signature	Signature	Signature			
Open Bilateral Tubal Ligation	Date	Date	Date			
	Signature	Signature	Signature			
Laparoscopic Bilateral Tubal Ligation	Date	Date	Date			
	Signature	Signature	Signature			

Training Courses or Sessions						
Title	Specialist/Consultant Signature	Date				

COMPLETION OF MODULE 15 I confirm that all components of the module have been successfully completed							
Name and Signature of	Name and Signature of Trainee						
Specialist/Consultant							

Core Module 16: Early Pregnancy Care

Learning Outcomes:

- To understand and demonstrate appropriate knowledge, skills and attitudes in relation to early pregnancy loss.
- Demonstrates the ability to counsel patients appropriately in both the acute and outpatient setting, with the use of appropriate terminology at the time of pregnancy loss. (Able to break bad news sensitively and to adequately describe the possible long term consequences to the patient)
- Exhibit technical competence surgically, in managing miscarriage and ectopic pregnancies

- (i) Relevant NICE Guidelines
- (ii) StratOG.net: Gynaecological Problems and Early Pregnancy Loss e-tutorials
 - a. Early pregnancy loss: trophoblast diseases eTutorial
 - b. Early pregnancy loss: management eTutorial
 - c. Early pregnancy loss: breaking bad news eTutorial
- (iii) Green-top Guidelines
 - a. Investigation and Treatment of Couples with Recurrent Miscarriage (Greentop Guideline 17)
- (iv) Association of Early Pregnancy Units website

C. M. H. M. L. M. L. M.	Competence Level						
Core Module 16 Logbook	Level 1		Level 2			Level 3	
	Date	Signature	Date	Signature	Date	Signature	
Miscarriage:	1						
Miscarriage: clinical assessment							
Medical management of miscarriage							
Conservative management of miscarriage							
Surgical management of miscarriage (SMM)							
Counselling							
Manage recurrent miscarriage							
Ectopic pregnancy:							
Diagnosis							
Conservative management							
Medical management							
Laparoscopic management							
Laparotomy for ectopic pregnancy							

Other conditions:		
Early management of trophoblastic disease		

Objective Structured Assessment of Technical Skills (OSATS) on:	OSATS Assessment form available in Appendices					
Laparotomy Salpingectomy	Date	Date	Date			
	Signature	Signature	Signature			
Laparotomy Salpingectomy	Date	Date	Date			
	Signature	Signature	Signature			
Outpatient Vacuum Manual Aspiration (VMA)	Date	Date	Date			
	Signature	Signature	Signature			

gical Evacuation of Remaining ducts of Conception (ERPOC)	Date	Date		Date
	Signature	Signature		Signature
Training Courses or Sessions				
Title			Specialist/Consultant Signature	Date
COMPLETION OF MODULE	16			
I confirm that all components of		en successfully completed		
Name and Signature of Specialist/Consultant		nd Signature of Trainee		

Core Module 17: Gynaecological Oncology

Learning Outcomes:

- To understand and demonstrate appropriate knowledge, skills and attitudes in relation to Gynaecological Oncology
- Awareness of the role of multidisciplinary meetings in determining gynaecological cancer management
- Able to explain clearly and openly treatments, complications and side effects of surgery, drug treatment, chemotherapy and radiotherapy in lay language, as appropriate for the patient
- Awareness of precancer screening programmes and the role of HPV vaccination in cervical cancer prevention
- Demonstrates empathy in counselling patients and deals sensitively with issues regarding palliative care and death. (Aware of 'End of Life' policy) Respects patient's autonomy and shows tolerance to cultural/religious issues.

- (i) NICE Guidelines Ovarian Cancer (CG122)
- (ii) StratOG.net
 - a. Abnormal uterine bleeding eTutorial
 - b. Benign vulval problems eTutorial
 - c. Cervical cancer eTutorial
 - d. Diagnostic imaging in gynaecological oncology eTutorial
 - e. Germ cell tumours eTutorial
 - f. Malignant disease of the vulva eTutorial
 - g. Malignant disease of the uterus eTutorial
 - h. Malignant disease of the ovary and fallopian tube eTutorial
 - i. Neoplasia in pregnancy eTutorial
 - j. Pre-invasive disease of the Lower Genital Tract eTutorial
 - k. Principles of radiotherapy eTutorial
 - 1. Principles of chemotherapy eTutorial
 - m. Supportive, palliative and end-of-life care eTutorial
- (iii) Relevant The Obstetrician and Gynaecologist JournalsMultidisciplinary and clinical team meetings
- (iv) NHS-CSP (Cervical Screening Programme) Guidelines, incorporating HPV testing
- (v) FIGO Classifications for gynaecological cancers
- (vi) Clinic/colposcopy/surgical sessions, courses and workshops

Cara Madula 17 Laghaak	Competence Level						
Core Module 17 Logbook	Level 1		Level 2		Level 3		
	Date		Date		Date		
Cervical cytology:	II.		l .				
Counsel about cytology reports							
Observe and understand the need for basic colposcopy							
Management cervical intraepithelial neoplasia							
Manage premalignant conditions (including refe	erral as app	propriate) :	<u> </u>				
Cervical							
Endometrial							
Lower genital tract							
Recognise, counsel and plan initial management	of carcino	ma of:			<u> </u>		
Cervix							
Endometrium							
Ovary							
Vulva							
Choriocarcinoma							

Rapid access clinic			

Objective Structured Assessment of Technical Skills (OSATS) on:	OSATS Assessment form available in Appendices						
Colposcopy +/- LLETZ/Biopsy	Date	Date	Date				
	Signature	Signature	Signature				
Cystoscopy	Date	Date	Date				
	Signature	Signature	Signature				

Training Courses or Sessions					
Title	Specialist/Consultant Signature	Date			
Attendance at Gynaecological Cancer MDT Meeting					

COMPLETION OF MODULE 17 I confirm that all components of the module have been successfully completed					
Name and Signature of	Name and Signature of Trainee				
Specialist/Consultant	-				

<u>Core Module 18: Urogynaecology and Pelvic Floor Problems</u> Learning Outcomes:

- To understand and demonstrate appropriate knowledge, skills and attitudes in relation to Urogynaecology and pelvic floor problems. (Including anatomy, physiology and pathophysiology, investigations and management).
- Be able to institute treatment of acute bladder voiding disorder and to interpret urodynamic studies
- Counsel and plan initial management of overactive bladder symptoms, stress urinary incontinence and painful bladder syndrome

- (i) NICE Guidelines Urinary incontinence (CG171)
- (ii) StratOG.net:
 - a. Assessment of lower urinary tract symptoms eTutorial
 - b. Management of lower urinary tract dysfunction eTutorial
 - c. Pelvic organ prolapse eTutorial
 - d. Posterior compartment pelvic floor dysfunction
 - e. Urinary tract infection eTutorial
- (iii) Relevant Greentop
 - a. Initial mangement of chronic pelvic pain (Green-top Guideline 41)
 - b. The Management of Post Hysterectomy Vaginal Vault Prolapse (Green-top Guideline 46)
 - c. Management of Painful Bladder Syndrome (Green-top Guideline 70)
- (iv) Relevant The Obstetrician and Gynaecologist journals
- (v) Urogynaecology clinics, surgery, workshops and courses

Core Module 18 Logbook	Competence Level						
	Level 1		Level 2			Level 3	
	Date	Signature	Date	Signature	Date	Signature	
Take urogynaecological history							
Cystoscopy							
Interpret:	<u> </u>						
Urinary frequency volume charts							
Uroflowmetry profiles							
Cystometric investigations							
Residual volume measurement							
Manage non-surgically:							
Bladder voiding disorders							
Urgency of micturition							
Uterovaginal prolapse:							
Assess							

Care Madula 19 Lashaali	Competence Level						
Core Module 18 Logbook		Level 1	Level 1 Level 2			Level 3	
	Date	Signature	Date	Signature	Date	Signature	
Manage non-surgically							
Repair of anterior prolapse							
Repair of posterior prolapse							
Vaginal hysterectomy							
Stress urinary problems:							
Minimally invasive slings/bladder neck procedures							

Training Courses or Sessions					
Title		Specialist/Consultant Signature	Date		

COMPLETION OF MODULE 18 I confirm that all components of the module have been successfully completed					
Name and Signature of	Name and Signature of Trainee				
Specialist/Consultant	_				

Core Module 19: Developing Professionalism

Learning Outcomes:

- To understand the skills and qualities required to become a consultant
- To develop the communication, team working and team leadership skills required
- To experience challenging situations where negotiating, influencing and diplomacy are required
- To gain a thorough knowledge of administration processes with a vested interest in contributing towards the development of the service

- (i) StratOG.net: The Obstetrician and Gynaecologist as a Teacher and Researcher, The Obstetrician and Gynaecologist as a Professional e-tutorials
 - a. Communication skills eTutorial
 - b. Ethical and legal issues eTutorial
 - c. Improving workplace behaviour eTutorial
 - d. Intrauterine fetal death eTutorial
 - e. Communication skills videos
 - f. Human factors resource
- (ii) RCOG. The Future Role of the Consultant. RCOG website
- (iii) GMC Good Medical Practice, Management for doctors, Confidentiality guidance. GMC website
- (iv) Data Protection Act 1998
- (v) Experiential learning in the workplace (Observation of and discussions with senior medical staff)
- (vi) Leadership/Management/Communication courses and workshops

Core Module 19 Logbook	Competence Level						
Core Module 19 Logbook	Level 1		Level 2			Level 3	
	Date	Signature	Date	Signature	Date	Signature	
Demonstrate effective team working							
Show evidence of team leadership							
Written communication							
Leadership in acute emergency							

Training Courses or Sessions					
Title	Specialist/Consultant Signature	Date			

COMPLETION OF MODULE 19 I confirm that all components of the module have been successfully completed	
Name and Signature of	Name and Signature of Trainee
Specialist/Consultant	_

PERSONAL DEVELOPMENT PLAN (PDP)

Malaysian MRCOG Parallel Training Pathway
Trainee Logbook 2nd Edition 2019

MALAYSIAN MRCOG (UK) PARALLEL TRAINING PROGRAMME

(PDP)

Training Division, Ministry of Health

INDUCTION AND APPRAISALS

TO BE APPRAISED AT

- BEGINNING OF O&G TRAINING
- END OF 6 MONTHS
- END OF 1 YEAR
- END OF 2 YEARS
- END OF 3 YEARS
- END OF 4 YEARS, THEN YEARLY THEREAFTER
- BOARD MEETING AFTER 4 UNSUCCESSUL ATTEMPTS AT THE MRCOG PART2/3 EXAMINATIONS

PERSONAL DEVELOPMENT PLAN (PDP)

A Personal Development Plan (PDP) is an effective method for setting your own personal targets, and finding the best way to achieve them. It serves as a communication tool between you and your supervisor(s). Whilst the focus will be on the acquisition of the prerequisite clinical knowledge and practical skills expected of a competent Obstetrician and Gynaecologist, prudent application of a PDP can also serve to help identify generic complementary skills, that will contribute to your broader, general personal development goals.

For example, training on the management of obstetric emergencies will equip you with the necessary skillset to manage acute emergencies in the labour room. However, the development of management and communication skills will inherently translate into highly desirable soft skills that you can apply to other aspects of your personal and clinical life.

This document provides a guide to designing your PDP. You may wish to add additional items that are relevant for your circumstances. Ideally, you should draft some notes prior to meeting with your supervisor(s), revise subsequent to the meeting, and plan a follow up meeting to assess progress and/or to adjust objectives.

It is suggested that you should have a formal meeting to discuss your PDP:

- At the commencement of your O&G training Programme
- At the beginning of any transfer/change in training facility
- At least yearly, with your assigned Clinical/Educational Supervisor

Guide For PDP Appraisal

Step one Learning needs What are the main development and

learning needs?

Step two Learning activities What methods will be used?

Step three Evidence of learning How will a Trainee know if the methods

used have met his or her

requirements?

Step one: Learning needs

This is a process of selecting priorities from reflection on all the areas of good medical practice. Some points to consider:

- What elements of Training do I need to address?
- How did this need arise?

Some clinical skills are easy to express specifically in a PDP E.g. "To achieve competency in performing non-rotational instrumental delivery independently"

Other activities might be more difficult to define, E.g. 'Resolving conflicts between co-workers.' This can be documented as 'Developing negotiating skills'.

Clinical knowledge gaps should be defined; Rather than the broad topic of 'Cervical cancer screening', expressing this in a PDP is more useful to a trainee, as the knowledge gap is more clearly defined.

E.g. 'To be familiar with the NHS Cervical Screening Program algorithm for HPV screening'.

Be realistic in setting your targets. Your Clinical/Educational Supervisors will aid you along in this. In deciding what needs to go into the PDP, the Trainee needs to find a balance between what is most important in their personal development and what is important to their O&G Training as a whole.

Step two – Learning Activities

What learning methods are most appropriate to each learning need?

- o **Knowledge** gaps: reading journals, attending meetings and seminars, going on courses, e learning (e.g. StratOG)
 - o **Skills** may be acquiring from training with senior colleagues or by attending courses/workshops
 - o **Tasks/Attitudes** may be the aim to write a clinical research paper, perform an audit, or the demonstration of soft skills in a specified clinical/management setting. Multisource Feedback will be a good gauge of your attitude and the way you conduct yourself in the work place.

Step Three – Evidence of Learning

Identify examples of evidence which could demonstrate achievement for each set of learning needs and proposed methods. Examples of evidence of learning include:

- Trainee Logbook (CBDs, mini-CEX, OSATS etc.)
- Certificates for courses
- Passing of examinations

PERSONAL DEVELOPMENT TEMPLATE

Example of poor PDP

This plan should be updated whenever there has been a change - either when a goal is achieved or modified or where a new need is identified. The original version should also be retained for discussion at the next appraisal.

What development needs have I? (Explain the need)	How will I address them? (Demonstrate action to be taken/resources required?)	Timeline to achieve PDP (Justify timeline, taking into context your jobscope and available resources)		Completed (Agreement from your appraiser that the development need has been
Knowledge 1. Managing Thalassemia in Pregnancy 2.	•	1 month	Feel more confident managing thalassemia in pregnancy	met.)
Clinical Skills 1. Performing Independent Caesarean Section 2.	Enter C-section OT	6 months	Sound C-section Skills	
Tasks/ Attitudes 1. Develop clinical research skills 2.	Attend GCP Course	12 months	Equipped with skillset to publish a paper	

PERSONAL DEVELOPMENT PLAN - 1ST 6 MONTHS OF TRAINING

This is a written agreement between Trainee and Clinical supervisor, detailing acquisition of knowledge, technical skills and other tasks to be completed during this period of training. (To be completed at the beginning of the training period.)

Dates of beginning and end of training:/.......(day/mo/yr) -(day/mo/yr).

Development Needs Knowledge	Action Plan	Timeline	Outcome	Completed
Knowledge				
1.				
2.				
3.				

Clinical Skills 1.		
2.		
2.		
Tasks/Attitudes 1.		
1.		
2.		

<u>PERSONAL DEVELOPMENT PLAN – 7-12TH MONTHS OF</u> TRAINING

This is a written agreement between Trainee and Clinical supervisor, detailing acquisition of knowledge, technical skills and other tasks to be completed during this period of training. (To be completed at the beginning of the training period.)

Dates of beginning and end of training:(day/mo/yr) -(day/mo/yr).

Development Needs	Action Plan	Timeline	Outcome	Completed
Development Needs Knowledge				•
1.				
2.				
3.				
· ·				

Clinical Skills 1.		
2.		
Tasks/Attitudes 1.		
2.		

PERSONAL DEVELOPMENT PLAN – 2ND YEAR OF TRAINING

This is a written agreement between Trainee and Clinical supervisor, detailing acquisition of knowledge, technical skills and other tasks to be completed during this period of training. (To be completed at the beginning of the training period.)

Dates of beginning and end of training:(day/mo/yr) -(day/mo/yr).

Development Needs	Action Plan	Timeline	Outcome	Completed
Knowledge 1.				
2.				
3.				

Clinical Skills 1.		
2.		
2.		
Tasks/Attitudes 1.		
2.		

PERSONAL DEVELOPMENT PLAN – 3RD YEAR OF TRAINING

This is a written agreement between Trainee and Clinical supervisor, detailing acquisition of knowledge, technical skills and other tasks to be completed during this period of training. (To be completed at the beginning of the training period.)

Dates of beginning and end of training:(day/mo/yr) -(day/mo/yr).

Development Needs	Action Plan	Timeline	Outcome	Completed
Knowledge 1.				
2.				
3.				

Clinical Skills 1.		
2.		
Tasks/Attitudes 1.		
2.		

PERSONAL DEVELOPMENT PLAN – 4TH YEAR OF TRAINING

This is a written agreement between Trainee and Clinical supervisor, detailing acquisition of knowledge, technical skills and other tasks to be completed during this period of training. (To be completed at the beginning of the training period.)

Dates of beginning and end of training:(day/mo/yr) -(day/mo/yr).

Development Needs Knowledge	Action Plan	Timeline	Outcome	Completed
Knowledge 1.				
1.				
2.				
3.				

Clinical Skills 1.		
2.		
2.		
Tasks/Attitudes 1.		
1.		
2.		

EVALUATION OF CLINICAL AND TECHNICAL SKILLS OBSTETRIC PROCEDURES

(1st 6 months of training)

Target		Level o		Trainer sig	
	1	2	3	Sign	Date
Ultrasound scan (abdominal) – level 1					
Ultrasound scan (vaginal) – level 1					
Ultrasound: umbilical artery doppler study					
Instrumental deliveries (ventouse)					
Interpretation of CTG					
Fetal scalp blood sampling					
1 & 2 nd degree perineal tears repair					
Manual removal of placenta					
Lower segment caesarean sections including those with previous scars or transverse lie (excluding placenta praevia)					
Managing obstetric emergencies like massive PPH, shoulder dystocia, cord prolapse, maternal collapse					
Counseling/Soft skills for above procedures					

Signature to confirm completion of the module:	
Name of the trainer:	Date:
Hospital:	

GYNAECOLOGICAL PROCEDURES

(1st 6 months of training)

Target	Level of			Trainer signs when		
	Competency			competence level achieved		
	1	2	3	Sign	Date	
Ultrasound scan (vaginal) – level 1						
Ultrasound scan (abdominal) – level 1						
Laparotomy for ectopic pregnancy						
Marsupialization of Bartholin's cyst						
Diagnostic hysteroscopy						
Colposcopy						
Dilatation & curettage (ERPOC, endometrial sampling, molar pregnancy)						
Polypectomy						
Cervical biopsy						
Laparotomy for benign gynaecological conditions						
Counseling/Soft skills for above procedures						

Signature to confirm completion of the module:	
Name of the trainer:	Date:
Hospital:	

EVALUATION OF CLINICAL AND TECHNICAL SKILLS (7th-24th months of training)

OBSTETRIC PROCEDURES

Target	Level of Competency			Trainer signs when competence level achieved		
	1	2	3	Sign	Date	
Obstetric Ultrasound (Abdomen) Level 2						
Fetal Scalp Blood Sampling						
Complicated C-sections (Second stage, 2 previous scars, placenta previa etc.)						
3 rd /4 th degree perineal tear repair						
Managing Obstetric Emergencies						
Bereavement Counselling						
Counselling/Soft Skills for above procedures						

Signature to confirm completion of the module:		
Name of the trainer:	Date:	
Hospital:		

GYNAECOLOGICAL PROCEDURES

Target		Level of mpeter		Trainer signs when competence level achiev		
	1	2	3	Sign	Date	
Diagnostic Laparoscopy						
Cone Biopsy						
Laparoscopy for ectopic pregnancy						
Laparoscopy for Tubal Sterilization Procedures						
Colposcopy & LLETZ						
EUA for staging & cystoscopy						
Laparotomy for benign gynaecological conditions - cystectomy						
Laparotomy for benign gynaecological conditions - hysterectomy						
Laparotomy for benign gynaecological conditions - myomectomy						
Counseling/Soft skills for above Procedures						

Signature to confirm completion of the module:	
Name of the trainer:	Date:
Hospital:	

EVALUATION OF CLINICAL AND TECHNICAL SKILLS

SKILLS (3rd & 4th years of training)

OBSTETRIC PROCEDURES

Target	Level of Competency			Trainer signs when competence level achieved		
	1	2	3	Sign	Date	
Ultrasound scan (abdominal) – level 2						
Instrumental deliveries (forceps)						
Complicated Caesarean Section – Assist						
in cases of morbidly adherent						
placenta/caesarean hysterectomy						
Counseling/Soft skills for above						
Procedures						
Counseling skills for 'bad outcomes or						
complications'						
Bereavement Counseling						
Genetic counseling						

Signature to confirm completion of the module:	
Name of the trainer:	Date:
Hospital:	

GYNAECOLOGICAL PROCEDURES

Target	Level of Competency			Trainer signs when competence level achieved		
	1	2	3	Sign	Date	
Laparoscopy for ovarian						
cystectomy/adhesiolysis						
EUA for staging & cystoscopy						
Laparotomy for benign gynaecological						
conditions - cystectomy						
Laparotomy for benign gynaecological						
conditions - hysterectomy						
Laparotomy for benign gynaecological						
conditions - myomectomy						
Vaginal hysterectomy						
Pelvic floor repair (anterior/posterior)						
Assessment of OSCC cases						
Cone Biopsy						

Signature to confirm completion of the module:		
Name of the trainer:	Date:	
Hospital:		

SPECIFIC CLINIC SESSIONS ATTENDED

Clinics	1st - 6th	6 th - 12 th	2 nd year	3 rd year	4 th year
	month	month			
GENERAL					
GYNAECOLOGY (total					
> 80 sessions)					
GYNAE-ONCOLOGY					
(total > 20 sessions)					
SPECIALIST					
ANTENATAL (total <u>></u> 80					
sessions)					
COMBINE ANTENATAL					
(total > 20 sessions)					
COLPOSCOPY					
(total > 20 sessions)					
MENOPAUSE					
(total > 15 sessions)					
FAMILY PLANNING					
(total > 15 sessions)					
PRE-PREGNANCY CARE					
(total > 10 sessions)					
UROGYNAECOLOGY *					
(total > 15 sessions)					
OUTPATIENT					
HYSTEROSCOPY*					
(total > 10 sessions)					
ADOLESCENT					
GYNAECOLOGY*					
(total > 10 sessions)					
ENDOCRINOLOGY*					
(total <u>></u> 5 sessions)					
SIGNATURE OF					
SUPERVISOR					
DATE					

Note:

The total number of sessions stated is for the duration of 4 years training. Trainees may need to provide evidence of attendance.

^{*} Where available

SUPERVISOR'S APPRAISAL - ASSESSMENT OF KNOWLEDGE, ATTITUDES AND FULFILLMENT OF TASKS

Scoring system: A = Excellent

B = Sufficient C= Weak

D = Unacceptable E = Not applicable

Assessment of fulfilmer	nt of the targe	ets defined d	uring each b	olock of train	ning:
YEAR	1st – 6th month	7 th -12 th month	2 nd year	3 rd year	4 th year
INTEGRATED KNOWLEDGE					
REACHING OF APPROPRIATE DECISIONS; COLLECTION AND INTERPRETATION OF DATA MOTIVATION, SENSE OF DUTY,					
DISCIPLINE, PUNCTUALITY TECHNICAL SKILLS					
ORGANISATORY SKILLS					
ADMINISTRATIVE TASKS (MEDICAL FILES, CORRESPONDENCE, ETC.)					
ETHICS					
RELATIONS WITH PATIENTS					
RELATIONS WITH MEDICAL AND OTHER STAFF					
ATTENDANCE AND ACTIVE PARTICIPATION IN STAFF MEETINGS					
SCIENTIFIC ACTIVITY					
Signature of Supervisor:					
Date:					

Supervisor's Comments

0-6 th month:
7 th - 12 th month:
2 nd year:
3 rd year:
4 th year:

CUMULATIVE LIST OF SCIENTIFIC MEETINGS, WORKSHOPS AND COURSES ATTENDED

(For entire duration of training; to be up-dated yearly)¹

No.	Event	Venue	Date	Supervisor Signature
1.	Advanced Life Support in Obstetrics (ALSO) *			
2.	Basic Life Support *			
3.	Good Clinical Practice *			

^{*}Compulsory Attendance

Certificate of attendance has to be provided

CUMULATIVE LIST OF PAPERS PRESENTED AT SCIENTIFIC MEETINGS

(For entire duration of training; to be up-dated yearly) 2 **EXAMPLE:** KH LEE: "Robotics assisted hysterectomies: The Sarawak Experience". Poster presentation at the "10 $^{\rm th}$ RCOG International Scientific Congress", Kuching, Malaysia, $5^{\rm th}-8^{\rm th}$ June 2012 1. 2. 3. 4. 5. 6. 7.

Abstracts have to be provided

CUMULATIVE LIST OF PEER REVIEWED PUBLISHED PAPERS IN MEDICAL JOURNALS

(For entire duration of training; to be up-dated yearly) ³

1.

3.

5.

6.

7.

8.

³Published manuscript should be provided

4.

APPENDICES*

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145	Appendix 5 – Mini-CEX Gynaecology
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149	Appendix 7 – Specific OSATS (Perineal Repair)
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^{*}Appendices to be printed as required

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PATIENT CONSULTATION (CONSIDER TO USE IN CONJUNCTION WITH CBD/MINI-CEX)

SKILL		ASSESSMENT			
		MORE TO BE DESIRED	BORDERLINE	GOOD	
		(Needs Further Training)	(Needs Re-assessment)	(No Further Review)	
Technique	Rapport with Patient				
	Time Management				
Acquiring Information	Basic History Obtained				
	Detailed, Specific History Relevant to Topic				
Imparting Information	Accuracy				
	Language				
Analysing Problems	Appropriateness				
	Explanation				
Planning Management	Effectiveness				
	Consensus				

Case-based Discussion (CBD) Supervised Learning Event – Obstetrics

Trainee Name:	Date:	
Trainer Name:	Designation:	
Clinical setting: Labour Ward / ANC / AN Ward / PN Ward / Assessment Unit		
Clinical problem category: Antenatal care / Maternal & Fetal medicine / Intrapartum care /		
Focus of clinical encounter: Clinical record keeping / Clinical assessment / Management / Professionalism		
Complexity of case: Low / Average / High		

This is a **formative** tool to provide feedback to the trainee about their clinical knowledge in some or all aspects of this case. Please provide **specific, constructive feedback** to the trainee in verbal and written forms (in box below) that you feel will enhance training and future learning.

There is **NO** overall judgement relating to competence for this event.

Areas to consider:

- 1. Clinical record keeping (completeness, legibility, information sharing)
- 2. Clinical assessment (interpretation of clinical findings, "putting it all together")
- 3. Investigation and referrals (appropriate tests and referrals for case, rationale demonstrated)
- 4. Management (use of clinical knowledge, correct interpretation, use of evidence, safe and logical approach, dealing with uncertainty, appropriate advice sought)
- 5. Follow up and future planning (linking current problem to future needs, rationale for follow up)
- 6. Professionalism (respectful, logical approach to problem-solving, diligent and self-directed approach to patient and learning needs)

Feedback (continued overleaf):

What went well?		

What could have gone better?	
Learning Plan	
Tuoinee signetuus	Tueinen eiemetuue
Trainee signature:	Trainer signature:
Trainee Reflection	

<u>Case-based Discussion (CBD) Supervised Learning Event – Gynaecology</u>

Trainee Name:	Date:
Trainer Name:	Designation:
Clinical setting: Out-patient / Acute admission / In-patient / other	
Clinical problem category: Benign gynaecology / Reproductive medicine / Early pregnancy / Gynae oncology / Urogynaecology / Other	
Focus of clinical encounter: Clinical record keeping / Clinical assessment / Management / Professionalism	
Complexity of case: Low / Average / High	

This is a **formative** tool to provide feedback to the trainee about their clinical knowledge in some or all aspects of this case. Please provide **specific, constructive feedback** to the trainee in verbal and written forms (in box below) that you feel will enhance training and future learning. There is **NO** overall judgement relating to competence for this event.

Areas to consider:

- 1. Clinical record keeping (completeness, legibility, information sharing)
- 2. Clinical assessment (interpretation of clinical findings, "putting it all together")
- 3. Investigation and referrals (appropriate tests and referrals for case, rationale demonstrated)
- 4. Management (use of clinical knowledge, correct interpretation, use of evidence, safe and logical approach, dealing with uncertainty, appropriate advice sought)
- 5. Follow up and future planning (linking current problem to future needs, rationale for follow up)
- 6. Professionalism (respectful, logical approach to problem-solving, diligent and self-directed approach to patient and learning needs)

Feedback (continued overleaf):

What went well?	

What could have gone better?	
Learning Plan	
Trainee signature:	Trainer signature:
Trainee Reflection	224444

Mini-Clinical Evaluation Exercise (CEX) Supervised Learning Event – Obstetrics

Trainee Name:	Date:
Trainer Name:	Designation:
Clinical Setting: Labour Ward / ANC / AN Ward / PN Ward / Assessment Unit	
Clinical problem category: Antenatal care / Matern Postpartum care / Other	al & Fetal medicine / Intrapartum care /
Focus of clinical encounter: History / Diagnosis/ M	lanagement / Explanation
Complexity of case: Low / Average / High	

This is a **formative** tool to provide feedback to the trainee about their clinical knowledge in some or all aspects of this case. Please provide **specific, constructive feedback** to the trainee in verbal and written forms (in box below) that you feel will enhance training and future learning. There is **NO** overall judgement relating to competence for this event.

Areas to consider: (May be Others)

- 1. History taking (completeness, logic, focus)
- 2. Physical examination skills (approach to patient, technical skill, interpretation of findings)
- 3. Communication skills (patient friendly, questioning style, empathy, clear explanation)
- 4. Clinical judgement (use of clinical knowledge, correct interpretation, logical approach, safe and confident, recognising limits and appropriate advice sought)
- 5. Professionalism (respectful, courteous, confident, use of team members)
- 6. Organisation and efficiency (efficient, logical and ordered approach)
- 7. Overall clinical care (global judgement of performance)

Feedback (continued overleaf):
What went well?

Mini-Clinical Evaluation Exercise (CEX) Supervised Learning Event – Gynaecology

Trainee Name:	Date:			
Trainer Name:	Designation:			
Clinical Setting: Out-Patient/Acute Admission/In-P	atient / Other			
Clinical problem category: Benign gynaecology / Reproductive medicine / Early pregnancy / Gynae oncology / Urogynaecology / Other				
Focus of clinical encounter: History / Diagnosis/ Management / Explanation				
Complexity of case: Low / Average / High				

This is a **formative** tool to provide feedback to the trainee about their clinical knowledge in some or all aspects of this case. Please provide **specific, constructive feedback** to the trainee in verbal and written forms (in box below) that you feel will enhance training and future learning.

There is **NO** overall judgement relating to competence for this event.

Areas to consider: (May be Others)

- 1. History taking (completeness, logic, focus)
- 2. Physical examination skills (approach to patient, technical skill, interpretation of findings)
- 3. Communication skills (patient friendly, questioning style, empathy, clear explanation)
- 4. Clinical judgement (use of clinical knowledge, correct interpretation, logical approach, safe and confident, recognising limits and appropriate advice sought)
- 5. Professionalism (respectful, courteous, confident, use of team members)
- 6. Organisation and efficiency (efficient, logical and ordered approach)
- 7. Overall clinical care (global judgement of performance)

What went well?

What could have gone better?	
Learning Plan	
Trainee signature:	Trainer signature:
Trainee Reflection	

OSATS Assessment of Performance (General)

Trainee Name:	Date:
Trainer Name:	Designation:
Procedure:	
Clinical details and complexity	
Degree of Difficulty: Basic / Intermediate / Advanced	

This assessment is a mandatory, summative tool designed to:

- 1. Enable judgement of surgical competency in this procedure and
- 2. To provide specific, constructive **feedback** to the trainee about their performance.

There is a judgement to be made in this assessment relating to the overall performance observed: **competent** or **working towards competence**.

The following anchor statements are for general guidance about the overall observed level of performance. Suggestions for areas to consider during the assessment are listed overleaf.

For the trainee considered **competent** in the observed procedure it would generally be expected that: The trainee was able to perform all aspects of the procedure safely and competently with no or minimal need for help, or in the context of an unexpectedly difficult case, may have needed more assistance for the more difficult aspects of the procedure.

For the trainee considered to be **working towards competence** it would generally be expected that: The trainee required significant help throughout or with the majority of steps

The trainee was unable to perform any of the necessary procedures to be safe and competent at this stage

*Delete as appropriate

(Please provide detailed written feedback overleaf, in addition to verbal feedback)

This trainee performed this observed procedure competently* /

This trainee is working towards competence in this procedure*

The following areas are suggestions to consider about the overall observed performance. This includes both the technical and non-technical skills necessary for the procedure and is not an exhaustive list.

- Checking equipment/environment
- Peri-operative planning e.g. positioning
- Technical ability
- Selection of instruments and equipment
- Economy of movement
- Tissue handling
- Completion of task as appropriate
- Communication with patients and/or relatives
- Use of assistants
- Communication with staff
- Forward planning
- Dealing with problems and/or difficulties
- Documentation
- Safety considerations

Feedback
What went well
What could have gone better
Learning Plan
Learning Flan

Trainee signature:

Trainer signature:

PERINEAL REPAIR

Trainee Name:			StR Year:			Date:	
Assessor Name:			Post:				
Clinical details difficulty of ca	of complexity/ se						

	Performed independently	Needs help
	PLEASE TICK RELE	VANT BOX
Items under observation:		
Assessment of anatomical damage including rectal examination		
Ensures adequate analgesia		
Secures apex of vaginal tear		
Suture of vaginal skin		
Suture of perineal muscles		
Anatomical apposition of vaginal and perineal skin		
Subcuticular suture to perineal skin		
Checks haemostasis		
Needle and swab count		
Vaginal examination		
Rectal examination		
Comments:		

GENERIC TECHINCAL SKILLS ASSESSMENT

(Assessor to circle candidate's performance level for the following)

	ace 3 perjormance leve	. ,	9/			
Respect for tissue	Frequently used unnecessary force on tissue or caused damage by inappropriate use of instruments.	Careful handling of occasionally causes i damage.		Consistently handled tissues appropriately with minimal damage.		
Time, motion and flow of operation and forward planning	Many unnecessary moves. Frequently stopped operating or needed to discuss next move.	Makes reasonable progress but some unnecessary moves. Sound knowledge of operation but slightly disjointed at times.		Economy of movement and maximum efficiency. Obviously planned course of operation with effortless flow from one move to the next.		
Knowledge and handling of instruments	Lack of knowledge of instruments.	Competent use of instruments but occasionally awkward or tentative.		Obvious familiarity with instruments.		
Suturing and knotting skills as appropriate for the procedure	Placed sutures inaccurately or tied knots insecurely and lacked attention to safety.	Knotting and suturin reliable but somet awkward.		Consistently placed sutures accurately withappropriate and secure knots and with proper attention to safety.		
Technical use of assistants Relations with patient and the surgical team	Consistently placed assistants poorly or failed to use assistants. Communicated poorly or frequently showed lack of awareness of the needs of the patient and/or the professional team.	Appropriate use of assistant most of the time. Reasonable communication and awareness of the needs of the patient and/or of the professional team.		Strategically used assistants to the best advantage at all times. Consistently communicated and acted with awareness of the needs of the patient and/or of the professional team.		
Insight/attitude	Poor understanding of areas of weakness.	Some understanding of areas of weakness.		Fully understands areas of weakness.		
Documentation of procedures	Limited documentation, poorly written.	Adequate documentation but with some omissions or areas that needelaborating.		Comprehensive legible documentation, indicating findings, procedure and postoperative management.		
is competent in all is working towards Needs further help with:	areas included in this OSA s competence.	TS.	Compete	ent to perform the entire		
neeas furtner nelp with: * *			procedure without the need for supervision			
Date						
Signed (trainer)				Signed		
Signed (trainee)			Signed			

FETAL SCALP BLOOD SAMPLING

Trainee Name:		StR Year:	Date:	
Assessor Name:		Post:		
Clinical details difficulty of ca	of complexity/ se			

	Performed independently	Needs help	Not Applicable
	PLEASE TIC	CK RELEV	ANT BOX
Preparation of the patient:			
Ensures patient and partner understand procedure			
Establishes level of pain relief and acts appropriately			
Supervises positioning of patient - corrects as required			
Appropriate use of assistants			
Assembles/positions equipment			
Demonstrates knowledge of equipment and can troubleshoot problems			
Operative procedure			
Assesses dilatation and position of cervix			
Obtains clear, well-lit view of fetal scalp			
Collects uncontaminated good-sized sample without air bubbles			
Applies pressure to scalp wound			
Has strategies to overcome technical difficulties such as high head, inadequate bleeding			
Correct interpretation of results			

GENERIC TECHINCAL SKILLS ASSESSMENT

(Assessor to circle candidate's performance level for the following)

Respect for tissue	Frequently used unnecessary	Careful handling of		Consistently handled tissues		
Respect for tissue	force on tissue or caused damage by inappropriate use of instruments.	occasionally causes i damage.		appropriately with minimal damage.		
Time, motion and flow of operation and forward planning	Many unnecessary moves. Frequently stopped operating or needed to discuss next move.	Makes reasonable progress but some unnecessary moves. Sound knowledge of operation but slightly disjointed at times.		Economy of movement and maximum efficiency. Obviously planned course of operation with effortless flow from one move to the next.		
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Insight/attitude	Poor understanding of areas of weakness.	Some understanding of areas of weakness.		Fully understands areas of weakness.		
Documentation of procedures	Limited documentation, poorly written.	Adequate documentation but with some omissions or areas that needelaborating.		Comprehensive legible documentation, indicating findings, procedure and postoperative management.		
	d the Generic Technical Ski areas included in this OSA s competence.					
Needs further help with:	·			ent to perform the entire are without the need for sion		
Date			Date			
Signed (trainer)			Signed			
Signed (trainee)			Signed			

OPERATIVE VAGINAL DELIVERY

Trainee Name:		StR Year:	Date:	
Assessor Name:		Post:		
Clinical details difficulty of ca	of complexity/ se			
Instrument use	ed:			

	Performed independently	Needs help
	PLEASE TICK RELE	VANT BOX
Items under observation: opening		
Ensure patient and accompanying partner understand procedure		
Appropriate preoperative preparation: adequate analgesia, bladder empty		
Examination: engagement, position, station, caput, moulding, descent with contraction, pelvic size and shape		
Decision making: choice of instrument		
Correct assembly and checking of equipment		
Correct application of instrument		
Appropriate direction, force and timing of pull. Ensures head descends with traction		
Appropriate alteration of traction with delivery of head		
Protects perineum and assess need for episiotomy		
Checks for cord. Correct delivery of shoulders and body		
Delivery of placenta and membranes		
Checks for uterine laxity and vaginal trauma		
Estimated Blood Loss and manages blood loss		
Appropriate use of team		
Awareness of maternal and fetal wellbeing throughouts		
Comments:		

Examples of minimum levels of complexity for each stage of training

Basic Training Uncomplicated. Nonrotational

Intermediate Training Rotational ventouse

Advanced Rotational forceps/ventouse intheatre

GENERIC TECHINCAL SKILLS ASSESSMENT (Basic)

(Assessor to circle candidate's performance level for the following)

Respect for tissue	Frequently used unnecessary force on tissue or caused damage by inappropriate use of instruments.	Careful handling of occasionally causes in damage.		Consistently handled tissues appropriately with minimal damage.
Time, motion and flow of operation and forward planning	Many unnecessary moves. Frequently stopped operating or needed to discuss next move.	Makes reasonable pi some unnecessary Sound knowledge of but slightly disjointed	moves. operation	Economy of movement and maximum efficiency. Obviously planned course of operation with effortless flow from one move to the next.
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Needs further help with: * *				ent to perform the entire are without the need for sion
Needs further help with: * Date			procedu	re without the need for
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* * Date			procedu supervis Date	re without the need for

GENERIC TECHINCAL SKILLS ASSESSMENT (Intermediate)

(Assessor to circle candidate's performance level for the following)

Respect for tissue	Frequently used unnecessary force on tissue or caused damage by inappropriate use of instruments.	Careful handling of occasionally causes in damage.		Consistently handled tissues appropriately with minimal damage.
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Needs further help with: * *			Compete	ant to norform the entire
			procedu supervis	ent to perform the entire re without the need for ion
Date				re without the need for
Date Signed (trainer)			supervis	re without the need for
			supervis Date	re without the need for

GENERIC TECHINCAL SKILLS ASSESSMENT (Advanced)

(Assessor to circle candidate's performance level for the following)

Respect for tissue	Frequently used unnecessary force on tissue or caused damage by inappropriate use of	Careful handling of occasionally causes i damage.	tissue but	Consistently handled tissues appropriately with minimal damage.		
Time, motion and flow of operation and forward planning	instruments. Many unnecessary moves. Frequently stopped operating or needed to discuss next move.	Makes reasonable p some unnecessary Sound knowledge of but slightly disjointe	moves. f operation	Economy of movement and maximum efficiency. Obviously planned course of operation with effortless flow from one move to the next.		
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Documentation of procedures	Limited documentation, poorly written.	Adequate documentation but with some omissions or areas that needelaborating.		Comprehensive legible documentation, indicating findings, procedure and postoperative management.		
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Needs further help with: * *				ent to perform the entire ure without the need for sion		
Date			Date			
Signed (trainer)			Signed			
Signed (trainee)			Signed			

MANUAL REMOVAL OF PLACENTA

Trainee Name:		StR Ye	ear:	Date:	
Assessor Name:		Post:			
Clinical details difficulty of ca	of complexity/ se				

	Performed independently	Needs help
	PLEASE TICK RELE	VANT BOX
Item under observation		
Ensures adequate analgesia		
Ensures empty bladder/catheterises		
Performs procedure with appropriate abdominal countertraction		
Ensures cavity empty		
Ensures adequate uterine contraction		
Checks blood loss and haemostasis		
Checks for trauma		
Comments:		

GENERIC TECHINCAL SKILLS ASSESSMENT

(Assessor to circle candidate's performance level for the following)

Respect for tissue	Frequently used unnecessary force on tissue or caused damage by inappropriate use of instruments.	Careful handling of occasionally causes i damage.	tissue but	Consistently handled tissues appropriately with minimal damage.
Time, motion and flow of operation and forward planning	Many unnecessary moves. Frequently stopped operating or needed to discuss next move.	Makes reasonable p some unnecessary Sound knowledge o but slightly disjointe	moves. f operation	Economy of movement and maximum efficiency. Obviously planned course of operation with effortless flow from one move to the next.
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Needs further help with: * *				ent to perform the entire ure without the need for sion
Date			Date	
Signed (trainer)			Signed	
Signed (trainee)			Signed	

APPENDIX 11

OPENING AND CLOSING THE ABDOMEN

Trainee Name:		StR Year:	Date:	
Assessor Name:		Post:		
Clinical details difficulty of ca	of complexity/ se			

	Performed independently	Needs help
	PLEASE TICK RELI	EVANT BOX
Items under observation: opening		
Appropriate preoperative preparation: bladder empty, prepare and drape abdomen		
Appropriates kinincision (e.g. length, position) with safe use of surgical knife		
Subcutaneous fascia opened with attention to haemostasis		
Rectus sheath incised either side of linea alba, extended with scissors and dissected off rectus muscle with attention to haemostasis		
Safe entry of peritoneal cavity by either sharp or blunt dissection		
Item under observation: closing		
Identification of peritoneal edge and closure (optional) using appropriate suture material, instruments and technique		
Ensure haemostasis of peritoneum and posterior surface of rectus sheath		
Secure closure of rectus sheath using appropriate suture material, instruments and technique for knot tying and placement of sutures		
Ensure haemostasis before skin closure		
Accurate skin closure using appropriate method, instruments and technique (trainees should demonstrate competence in the full range of closure methods)		
Appropriate and safeuse of needle holder: needle loaded correctly, no touch technique, no inappropriate movements		
Comments (please state skin closure method)		

Examples of minimum levels of complexity for each stage of training:

Basic Training patient with no previous lower transverse incision

Intermediate Training patient with previous lower transverse incision but without suspicion

of severe abdominal adhesions

Advanced patient with previous abdominal surgery and likely severe abdominal adhesions

GENERIC TECHINCAL SKILLS ASSESSMENT (Basic)

(Assessor to circle candidate's performance level for the following)

Respect for tissue	Frequently used unnecessary force on tissue or caused damage by inappropriate use of instruments.	Careful handling of occasionally causes in damage.		Consistently handled tissues appropriately with minimal damage.
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Documentation of procedures	Limited documentation, poorly written.	Adequate documenta with some omissions that needelaborati	or areas	Comprehensive legible documentation, indicating findings, procedure and postoperative management.
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Needs further help with: *				ent to perform the entire Ire without the need for Ision
Needs further help with: * Date			procedu	re without the need for
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* * Date			procedu supervis Date	re without the need for

GENERIC TECHINCAL SKILLS ASSESSMENT (Intermediate)

(Assessor to circle candidate's performance level for the following)

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Needs further help with: * *			Compete procedu supervis	ent to perform the entire re without the need for ion
Date			Date	
Date Signed (trainer)			Date Signed	

GENERIC TECHINCAL SKILLS ASSESSMENT (Advanced)

(Assessor to circle candidate's performance level for the following)

Respect for tissue	Frequently used unnecessary force on tissue or caused damage by inappropriate use of instruments.	Careful handling of to occasionally causes in damage.		Consistently handled tissues appropriately with minimal damage.
Time, motion and flow of operation and forward planning	Many unnecessary moves. Frequently stopped operating or needed to discuss next move.	Makes reasonable pr some unnecessary r Sound knowledge of but slightly disjointed	noves. operation	Economy of movement and maximum efficiency. Obviously planned course of operation with effortless flow from one move to the next.
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Needs further help with: * *			Compete	ent to perform the entire
			supervis	re without the need for ion
Date			supervis Date	
Date Signed (trainer)				
			Date	

CAESAREAN SECTION

Trainee Name:		StR Year:	Date:	
Assessor Name:		Post:		
Clinical details difficulty of ca	of complexity/ se			

	Performed independently	Needs help
	PLEASE TICK RELE	VANT BOX
Item under observation		
Appropriate skin incision (e.g. length, position)		
Safe entry of peritoneal cavity		
Careful management of bladder		
Appropriate uterine incision (e.g. length, position)		
Safe and systematic delivery of baby		
Appropriate delivery of placenta		
Check uterine cavity (e.g. intact, empty, configuration)		
Safe securing of uterine angles		
Check for ovarian pathology		
Appropriate closure of rectus sheath		
Attention to haemostasis		
Neatness of skin closure		
Appropriate management of deeply engaged head		
Comments:		

Levels of complexity for each stage of training:

Basic Training Virgin Abdomen, with longitudinal lie

Intermediate Training Deep Transverse Arrest/Second Stage C-section

Transverse lie

Twins

Preterm greater than 28 weeks

Advanced Training Preterm less than 28 weeks

Placenta praevia

Fibroids in lower uterine segment

GENERIC TECHINCAL SKILLS ASSESSMENT (Basic)

(Assessor to circle candidate's performance level for the following)

Respect for tissue	Frequently used unnecessary force on tissue or caused damage by inappropriate use of instruments.	Careful handling of ti occasionally causes in damage.		Consistently handled tissues appropriately with minimal damage.	
Time, motion and flow of operation and forward planning	Many unnecessary moves. Frequently stopped operating or needed to discuss next move.	Makes reasonable pro some unnecessary m Sound knowledge of o but slightly disjointed	noves. operation	Economy of movement and maximum efficiency. Obviously planned course of operation with effortless flow from one move to the next.	
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Needs further help with: * *				ent to perform the entire re without the need for ion	
Needs further help with: * Date			procedu	re without the need for	
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* * Date			procedu supervis Date	re without the need for	

GENERIC TECHINCAL SKILLS ASSESSMENT (Intermediate)

(Assessor to circle candidate's performance level for the following)

Respect for tissue	Frequently used unnecessary force on tissue or caused damage by inappropriate use of instruments.	Careful handling of occasionally causes in damage.		Consistently handled tissues appropriately with minimal damage.
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Needs further help with: * *			Compete procedu supervis	ent to perform the entire re without the need for ion
Date			Date	
Date Signed (trainer)			Date Signed	

GENERIC TECHINCAL SKILLS ASSESSMENT (Advanced)

(Assessor to circle candidate's performance level for the following)

Respect for tissue	Frequently used unnecessary force on tissue or caused occasionally		tissue but	Consistently handled tissues appropriately with minimal	
	damage by inappropriate use of instruments.	damage.		damage.	
Time, motion and flow of operation and forward planning	Many unnecessary moves. Frequently stopped operating or needed to discuss next move.	Makes reasonable progress but some unnecessary moves. Sound knowledge of operation but slightly disjointed at times.		Economy of movement and maximum efficiency. Obviously planned course of operation with effortless flow from one move to the next.	
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Documentation of procedures	Limited documentation, poorly written.	Adequate documentation but with some omissions or areas that needelaborating.		Comprehensive legible documentation, indicating findings, procedure and postoperative management.	
	d the Generic Technical Ski		r		
is competent in all is working towards	areas included in this OSA competence.	.TS.			
Needs further help with: * *				ent to perform the entire are without the need for sion	
Date					
Signed (trainer)					
Signed (trainee)			Signed		

UTERINE EVACUATION

Trainee Name:		StR Year:	Date:	
Assessor Name:		Post:		
Clinical details difficulty of ca	of complexity/ se			

	Performed independently	Needs help	
	PLEASE TICK RELEVANT BO		
Item under observation:			
Vaginal examination to assess uterine size and cervical size and dilatation			
Careful dilatation of cervix if appropriate			
Appropriate choice of instrument for evacuation			
Safe introduction of instrument			
Ensure cavity is empty			
Ensure adequate uterine contractions			
Check blood loss			
Careful removal of Volsellum			
Comments:			

GENERIC TECHINCAL SKILLS ASSESSMENT

(Assessor to circle candidate's performance level for the following)

	acte e perjermantee tere	. ,	9/		
Respect for tissue	Frequently used unnecessary force on tissue or caused damage by inappropriate use of instruments.	Careful handling of occasionally causes i damage.		Consistently handled tissues appropriately with minimal damage.	
Time, motion and flow of operation and forward planning	Many unnecessary moves. Frequently stopped operating or needed to discuss next move.	Makes reasonable p some unnecessary Sound knowledge of but slightly disjointe	moves. f operation	Economy of movement and maximum efficiency. Obviously planned course of operation with effortless flow from one move to the next.	
Knowledge and handling of instruments	Lack of knowledge of instruments.	Competent use of in but occasionally averaged tentative.		Obvious familiarity with instruments.	
Suturing and knotting skills as appropriate for the procedure	Placed sutures inaccurately or tied knots insecurely and lacked attention to safety.	Knotting and suturin reliable but somet awkward.		Consistently placed sutures accurately with appropriate and secure knots and with proper attention to safety.	
Technical use of assistants Relations with patient and the surgical team	Consistently placed assistants poorly or failed to use assistants. Communicated poorly or frequently showed lack of awareness of the needs of the patient and/or the professional team.	Appropriate use of assistant most of the time. Reasonable communication and awareness of the needs of the patient and/or of the professional team.		Strategically used assistants to the best advantage at all times. Consistently communicated and acted with awareness of the needs of the patient and/or of the professional team.	
Insight/attitude	Poor understanding of areas of weakness.	Some understanding weakness.	g of areas of	Fully understands areas of weakness.	
Documentation of procedures	Limited documentation, poorly written.	Adequate documentation but with some omissions or areas that needelaborating.		Comprehensive legible documentation, indicating findings, procedure and postoperative management.	
is competent in all is working towards	areas included in this OSA s competence.	TS.			
Needs further help with: * *				ent to perform the entire ire without the need for sion	
Date					
Signed (trainer)					
Signed (trainee)			Signed		

DIAGNOSTIC LAPAROSCOPY

Trainee Name:		StR Year:	Date:	
Assessor Name:		Post:		
Clinical details difficulty of ca	of complexity/ se			

	Performed independently	Needs help	Not Applicable
	PLEASE TI	CK RELEV	ANT BOX
Preparation of the patient:			
Ensures correct positioning of the patient			
Checked or observed catheterisation, pelvic examination and insertion of uterine manipulator where appropriate			
Establishing pneumoperitoneum			
Demonstrates knowledge of instruments and can trouble shoot problems			
Check patency and function of Veress (if used)			
Correct incision			
Controlled insertion of Veress (if used)			
Insufflation to at least 20 mmHg			
Controlled insertion of primary port			
Controlled insertion of secondary port under direct vision			
Operative procedure			
Maintains correct position of optics			
Clear inspection of pelvic and abdominal structures			
Movements: fluid and atraumatic			
Appropriate use of assistants (if applicable)			
Correct interpretation of operative findings			
Removal of ports under direct vision			
Deflation of pneumoperitoneum			
Appropriate skin closure			

GENERIC TECHINCAL SKILLS ASSESSMENT

(Assessor to circle candidate's performance level for the following)

Respect for tissue	Frequently used unnecessary force on tissue or caused damage by inappropriate use of instruments.	Careful handling of occasionally causes in damage.		Consistently handled tissues appropriately with minimal damage.	
Time, motion and flow of operation and forward planning	Many unnecessary moves. Frequently stopped operating or needed to discuss next move.	Makes reasonable progress but some unnecessary moves. Sound knowledge of operation but slightly disjointed at times.		Economy of movement and maximum efficiency. Obviously planned course of operation with effortless flow from one move to the next.	
Knowledge and handling of instruments	Lack of knowledge of instruments.	Competent use of ir but occasionally av tentative.		Obvious familiarity with instruments.	
Suturing and knotting skills as appropriate for the procedure	Placed sutures inaccurately or tied knots insecurely and lacked attention to safety.	Knotting and suturing reliable but sometiawkward.		Consistently placed sutures accurately with appropriate and secure knots and with proper attention to safety.	
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Insight/attitude	Poor understanding of areas of weakness.	Some understanding weakness.	of areas of	Fully understands areas of weakness.	
Documentation of procedures	Limited documentation, poorly written.	Adequate documenta with some omissions that needelaborati	or areas	Comprehensive legible documentation, indicating findings, procedure and postoperative management.	
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Needs further help with: * *				ent to perform the entire ire without the need for ion	
Date		Date			
Signed (trainer)			Signed		
Signed (trainee)			Signed		

OPERATIVE LAPAROSCOPY

Trainee Name:		StR Year:	Date:	
Assessor Name:		Post:		
Clinical details difficulty of ca	of complexity/ se			

	Performed independently	Needs help	Not Applicable
	PLEASE TICK RELEVANT BOX		
Preparation of the patient:			
Ensures correct positioning of the patient, catheterisation and insertion of uterine manipulator			
Patient habitus			
Laparoscopic entry:			
Safe use of Veress needle (if used)			
Safe insertion primary port			
Appropriate position of and safe insertion of secondary ports			
Operative procedure:			
Maintains good view of operative field			
Uses appropriate instruments for the task			
Knowledge and safe use of energy modalities in laparoscopic surgery			
Identifies important anatomical structures (ureter, internal iliac artery/vein)			
Shows efficiency of movement and demonstrates good three-dimensional spatial awareness			
Appropriate use of assistants (if applicable)			

Examples of minimum levels of complexity for each stage of training

Basic Training Laparoscopic clip sterilisation

Intermediate Training Bipolar diathermy to endometriosis

Aspiration of fluid form pouch of Douglas

Aspiration of ovariancyst

Ectopic pregnancy - Salpingectomy

Advanced Previous Abdominal Surgery (Adhesiolysis)

Oophorectomy Hysterectomy

GENERIC TECHINCAL SKILLS ASSESSMENT (Basic)

(Assessor to circle candidate's performance level for the following)

Respect for tissue	Frequently used unnecessary force on tissue or caused damage by inappropriate use of instruments.	Careful handling of tissue but occasionally causes inadvertent damage.		Consistently handled tissues appropriately with minimal damage.				
Time, motion and flow of operation and forward planning	Many unnecessary moves. Frequently stopped operating or needed to discuss next move.	Makes reasonable progress but some unnecessary moves. Sound knowledge of operation but slightly disjointed at times.		some unnecessary moves. Sound knowledge of operation		some unnecessary moves. Sound knowledge of operation		Economy of movement and maximum efficiency. Obviously planned course of operation with effortless flow from one move to the next.
Knowledge and handling of instruments	Lack of knowledge of instruments.	Competent use of instruments but occasionally awkward or tentative.		but occasionally awkward or		Obvious familiarity with instruments.		
Suturing and knotting skills as appropriate for the procedure	Placed sutures inaccurately or tied knots insecurely and lacked attention to safety.	Knotting and suturing usually reliable but sometimes awkward.		reliable but sometimes		Consistently placed sutures accurately withappropriate and secure knots and with proper attention to safety.		
Technical use of assistants Relations with patient and the surgical team	Consistently placed assistants poorly or failed to use assistants. Communicated poorly or frequently showed lack of awareness of the needs of the patient and/or the professional team.	Appropriate use of assistant most of the time. Reasonable communication and awareness of the needs of the patient and/or of the professional team.		most of the time. Reasonable communication and awareness of the needs of the patient and/or of the professional		Strategically used assistants to the best advantage at all times. Consistently communicated and acted with awareness of the needs of the patient and/or of the professional team.		
Insight/attitude	Poor understanding of areas of weakness.	Some understanding of areas of weakness.		Fully understands areas of weakness.				
Documentation of procedures	Limited documentation, poorly written.	Adequate documentation but with some omissions or areas that needelaborating.		Comprehensive legible documentation, indicating findings, procedure and postoperative management.				
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Needs further help with: * *				ent to perform the entire re without the need for ion				
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Signed (trainer)			Date Signed					

GENERIC TECHINCAL SKILLS ASSESSMENT (Intermediate)

(Assessor to circle candidate's performance level for the following)

Respect for tissue	Frequently used unnecessary force on tissue or caused damage by inappropriate use of instruments.	Careful handling of tissue but occasionally causes inadvertent damage.		Consistently handled tissues appropriately with minimal damage.		
Time, motion and flow of operation and forward planning	Many unnecessary moves. Frequently stopped operating or needed to discuss next move.	Makes reasonable progress but some unnecessary moves. Sound knowledge of operation but slightly disjointed at times.		some unnecessary moves. Sound knowledge of operation		Economy of movement and maximum efficiency. Obviously planned course of operation with effortless flow from one move to the next.
Knowledge and handling of instruments	Lack of knowledge of instruments.	Competent use of instruments but occasionally awkward or tentative.		but occasionally awkward or		Obvious familiarity with instruments.
Suturing and knotting skills as appropriate for the procedure	Placed sutures inaccurately or tied knots insecurely and lacked attention to safety.	Knotting and suturing usually reliable but sometimes awkward.		reliable but sometimes		Consistently placed sutures accurately with appropriate and secure knots and with proper attention to safety.
Technical use of assistants Relations with patient and the surgical team	Consistently placed assistants poorly or failed to use assistants. Communicated poorly or frequently showed lack of awareness of the needs of the patient and/or the professional team.	Appropriate use of assistant most of the time. Reasonable communication and awareness of the needs of the patient and/or of the professional team.		most of the time. Reasonable communication and awareness of the needs of the patient and/or of the professional		Strategically used assistants to the best advantage at all times. Consistently communicated and acted with awareness of the needs of the patient and/or of the professional team.
Insight/attitude	Poor understanding of areas of weakness.	Some understanding of areas of weakness.		Fully understands areas of weakness.		
Documentation of procedures	Limited documentation, poorly written.	Adequate documentation but with some omissions or areas that needelaborating.		Comprehensive legible documentation, indicating findings, procedure and postoperative management.		
is competent in all is working towards	areas included in this OSA competence.	TS.				
Needs further help with: * *			Compete	ent to perform the entire		
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Date Signed (trainer)			supervis	re without the need for		
			supervis Date	re without the need for		

GENERIC TECHINCAL SKILLS ASSESSMENT (Advanced)

(Assessor to circle candidate's performance level for the following)

Respect for tissue	Frequently used unnecessary force on tissue or caused damage by inappropriate use of instruments.	Careful handling of tissue but occasionally causes inadvertent damage.		Consistently handled tissues appropriately with minimal damage.		
Time, motion and flow of operation and forward planning	Many unnecessary moves. Frequently stopped operating or needed to discuss next move.	Makes reasonable progress but some unnecessary moves. Sound knowledge of operation but slightly disjointed at times.		some unnecessary moves. Sound knowledge of operation		Economy of movement and maximum efficiency. Obviously planned course of operation with effortless flow from one move to the next.
Knowledge and handling of instruments	Lack of knowledge of instruments.	Competent use of instruments but occasionally awkward or tentative.		but occasionally awkward or		Obvious familiarity with instruments.
Suturing and knotting skills as appropriate for the procedure	Placed sutures inaccurately or tied knots insecurely and lacked attention to safety.	Knotting and suturing usually reliable but sometimes awkward.		reliable but sometimes		Consistently placed sutures accurately withappropriate and secure knots and with proper attention to safety.
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Needs further help with: * *			Compete procedu supervis	ent to perform the entire re without the need for ion		
Date			Date			
Date Signed (trainer)			Date Signed			

DIAGNOSTIC HYSTEROSCOPY

Trainee Name:		StR Ye	ar:	Date:	
Assessor Name:		Post:			
Clinical details difficulty of ca	of complexity/ se				

	Performed independently	Needs help	Not Applicable
	PLEASE TI	CK RELEV	ANT BOX
Preparation of the patient:			
Supervises positioning of patient - correct as required			
Preps and drapes correctly			
Assembles equipment			
Chooses appropriate distension medium			
Demonstrates knowledge of equipment and can troubleshoot problems			
Operative procedure:			
Correct use of speculum and tenaculum			
Correct use of cervical dilators (if needed)			
Inserts hysteroscope into uterine cavity under direct vision			
Clear inspection of entire uterine cavity			
Correct interpretation of findings			
Correct technique to obtain endometrial biopsy if appropriate			
Careful removal of tenaculum			

GENERIC TECHINCAL SKILLS ASSESSMENT

(Assessor to circle candidate's performance level for the following)

Respect for tissue	Frequently used unnecessary force on tissue or caused damage by inappropriate use of instruments.	Careful handling of tissue but occasionally causes inadvertent damage.		Consistently handled tissues appropriately with minimal damage.		
Time, motion and flow of operation and forward planning	Many unnecessary moves. Frequently stopped operating or needed to discuss next move.	Makes reasonable progress but some unnecessary moves. Sound knowledge of operation but slightly disjointed at times.		some unnecessary moves. Sound knowledge of operation		Economy of movement and maximum efficiency. Obviously planned course of operation with effortless flow from one move to the next.
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Needs further help with: * *				ent to perform the entire ure without the need for sion		
Date						
Signed (trainer)						
Signed (trainee)			Signed			

MALAYSIAN MRCOG PARALLEL TRAINING PROGRAMME

	MULT	ISOURCE I	FEEDBACK		APPENDIX 17
Please complete the question us	ing a cross (x).			L	
Name of Trainee					
Clinical Post					
MMC No.					
Feedback by					
Signature					
Clinical Post					
Date					
· <u> </u>	ave you primarily		_	EPAU	Clinics
Others How do you rate this			Needs to		Unable to
doctor in their:	Good	Satisfactory	improve	Unacceptable	comment
Knowledge, skills, perfo	rmance		proce		- Comment
Ability to diagnose					
patient problems	Ш		Ш	Ш	
Ability to plan patient care					
Awareness of their own					
limitations	Ш			Ш	
4. Ability to keep up to					
date with knowledge and skills					
5. Responds to pain and					
distress in patients	Ш				
appropriately 6. Technical skills [if					
appropriate to grade]					
7. Ability to multitask and]
work effectively in a complex environment	Ш	Ш	Ш		
Ability to manage time					
effectively / prioritise					
Able to cope under stress					
10. Willingness and					_
effectiveness when					
teaching / training colleagues		<u> </u>	<u> </u>		
11. Ability to take					
leadership role when					
circumstances required					
12. Keeps clear, accurate, legible records					
contemporaneously					
Safety and quality					
13. Contributes					I
constructively to audit, appraisal and clinical governance					
14. Safeguards and					
protects patients wellbeing				Ш	
15. Responds promptly to					
risks posed by patients					
Communication, partne	rship and teamy	vork			
16. Communication with					
Patients		<u> </u>		<u> </u>	

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MALAYSIAN MRCOG PARALLEL TRAINING PROGRAMME MULTISOURCE FEEDBACK

17. Communication with Carers or family						
18. Verbal communication with colleagues						
19. Written communication with colleagues						
20. Able to recognize and Value the contributions Of others						
21. Accessibility / reliability						
Maintaining trust				1		
22. Respect for patients' privacy, right for confidentiality						
23. Polite, considerate and Honesty						
24. Treats patients fairly, Without discrimination						
25. Treats colleagues fairly, Without discrimination						
Are there any concerns about this doctor? Yes No If yes, please provide details Please add any additional comments						
Signature Date						